





## Introductions

Name & Pronouns

Institution & type of setting

Role or position



## Questions for Group

Present clinical questions to colleagues

Primes audience to consider while listening

## General Format for Presentations





## Case Presentation

Demographics  
Presenting Issues  
Notable strengths  
Interventions



## Other Considerations

15 minutes  
Allow time for discussion  
Group Consultation

General Format for Presentations



# Questions



1. What are the prominent risks to attend to as a therapist?
2. How would you recommend engaging the child's sister, who is her guardian?
3. What are your thoughts about telehealth in this case?



## Demographics

- 13 yo, appears as stated age, feminine presenting, they/them pronouns
- Appearing racially White, but undisclosed
- Arrived with sister, who is legal guardian (appeared to be in 20s)
- 7<sup>th</sup> grade – below grade level

### Presentation

- Dyed hair, colorful eye makeup, well groomed
- Commented on my rainbow lanyard, wearing rainbow sandals
- Honest, engaged, good ability to recognize feelings
- Seemed to fight off dissociation, used fidgets
- Sister: never interrupted, intelligent and thoughtful, organized, insightful



# Case Presentation



- Recently hospitalized (3 weeks in July) for overdosing on prescription medication
- Disclosed repeated rape by older cousin over a span of several years
- Alcohol involved in all assaults
- Presented for medical exam following reports to child welfare; forensic interview completed
- Psychiatric diagnoses following hospitalization: Anxiety, ADHD
- Sexually abused as child by MOC's boyfriend at 8 years of age
- MOC lost custody; adopted by her father (not biological); now in custody of older half-sister
- Moved from Texas to CO; sister and her partner just closed on a house in Denver
- Seeking new providers for everything: medical, dental, psychiatric, psychotherapeutic, school





# Strengths & Interventions

## Strengths

- Open, vulnerable, emotional aware
- Fantastic relationship with sister – openly loving, communicative
- Though reportedly doesn't like school, they love science
- Firm in requesting a female provider to conduct exam

## Interventions

- Lots of praise for openness, braveness, vulnerability, advocacy
- Assessment of SI, along with safety planning in home
- Psychoeducation about trauma symptoms (dissociation, distractibility); offered fidgets
- Collaborative care – asking questions, collaborative decision making
- Offering hope, excitement about potentially providing treatment to child and family



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