

# End-of-Life Nursing Education Consortium Pediatric Palliative Care

**ELNEC – PPC**October 6 - 7, 2021

Virtual Offering

# **Train-the-Trainer Session** October 8, 2021

In-Person (limited to 10 people) or Virtual Offering

# ce.childrenscolorado.org

Children's Hospital Colorado Anschutz Medical Campus Aurora, CO

# **Provided by**

Children's Hospital Colorado
Center for Cancer and Blood Disorders





# Overview, Target Audience and Learner Outcome

The End-of-Life Nursing Education Consortium (ELNEC) project is a national and international education initiative to improve palliative care. Since 2000, ELNEC is a collaboration between City of Hope, Duarte, CA and the American Association of Colleges of Nursing (AACN), Washington, DC. ELNEC is the world's leading nursing education initiative focused on improving the care of patients with serious illness and their families. Since its inception, this model academic-practice partnership between AACN and the City of Hope has reached healthcare professionals in all 50 states and over 100 countries around the world.

#### Who should attend ELNEC-Pediatric Palliative Care?

- · Undergraduate and graduate pediatric nursing faculty
- CE providers and staff development educators working in pediatric settings
- · Hospice nurses
- · Homecare nurses
- APRN/staff nurses working in pediatric acute care settings (i.e. oncology, medical/surgical, palliative care settings, NICU, PICU, clinics, etc.)
- Other members of the pediatric interdisciplinary team are welcome to attend, with the understanding that the curriculum is written by nurses for nurses.

This course was developed for healthcare professionals to provide a more thorough understanding of how the end of a child's life impacts families, friends, and caregivers. The ten modules of this course will address different aspects of coping with a terminal illness and provide insights into the bereavement process. After attending this event, participants will self-report increased knowledge related to providing evidence-based care for patients, as well as emotional and spiritual support to caregivers and survivors.

## **Course Objectives**

- Identify the principles of palliative care that impact nursing care for children.
- Identify spiritual and cultural considerations present at end of life.
- Identify barriers to adequate pain relief in palliative care and describe pharmacological and non-pharmacological therapies used to relieve pain.
- Explain ethical dilemmas that may arise in pediatric palliative care and apply ethical principles in addressing these issues.
- Discuss the role of the nurse at the time of a child's death.

- Describe the impact of patient death in the Emergency Department and the resources available to address these issues.
- Describe four elements of resiliency to increase their capacity to flourish as healthcare providers.
- Describe unique characteristics of neonatal palliative care and strategies to overcome.
- Describe communication strategies for end-of-life discussions.
- Recognize most common distressing symptoms at the end-of-life.
- Describe the concepts of grief and bereavement and identify tools that can be used to support families.
- Identify strategies for becoming a change agent with palliative care and end-of-life.

#### **Train-the-Trainer Session Objectives**

- Identify strategies that can be used to educate healthcare professionals related to palliative and end-of-life care.
- · Implement end-of-life education in their settings.
- · Evaluate educational activities.

#### **Train-the-Trainer Session Learning Outcome**

After attending this event, participants will self-report increased knowledge related to teaching this critical information to other nurses in the specialty.

## **Continuing Education Credit**

Registration, attendance, sign-in and submission of the evaluation, including a written response to questions related to any change in practice that you may make as a result of learning that took place at this activity, are required for successful completion and receipt of the certificate of attendance. Claim only those hours you attend.

Children's Hospital Colorado is approved as a provider of nursing continuing professional development by Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This educational activity for 19.25 nursing contact hours is provided by Children's Hospital Colorado. (10/6 - 7.5 hours; 10/7 - 6.25 hours; 10/8 - 5.5 hours).

Participants who complete the Train-the-Trainer session in addition to the course will receive a separate certificate identifying them as ELNEC trainers.

A general certificate of attendance will be available for other disciplines.

Agenda Wednesday, October 6, 2021		10:15	Care at the Time of Death Nancy King, MSN, RN, CPNP	
		11:15	Family Panel (Care at the Time of Death)  Becki Srofe	
7:30 a.m.	Registration & Tech check		Travis Srofe CeCe Correa	
7:40	Welcome and Opening Remarks  Aurora Walters, BSN, RN, RNC-NIC		Matt Seebaum Stephanie Seebaum	
	Introduction to Dollistics Core Number	12:15 p.m.	Lunch	
7:45	Introduction to Palliative Care Nursing: Special Considerations	1:00	Loss, Grief and Bereavement Cassie Matz, MSW, LCSW	
	Ami Miller, BSN, RN, CPLC Heather Peters, BSN, RN Aurora Walters, BSN, RN, RNC-NIC	2:00	Models of Excellence Stephanie Barta, CCLS	
9:15	Cultural and Spiritual Considerations in Pediatric Palliative Care Sara Reynolds, MDiv, BCC		Cassie Matz, MSW, LCSW Lauren Treat, MD Aurora Walters, BSN, RN, RNC-NIC	
10:15	Break	3:00	Closing Comments/Evaluation  Amy Hill, BSN, RNC-NIC	
10:30	Pain Management	3:15	Adjourn	
	Jenny Raybin, PhD, RN, CPNP	Friday,	October 8, 2021	
11:30	Symptom Management		-the-Trainer Session ty nne Korsgaard, BSN, RN, MNM	
	Kelly Drake, MSN, RN, CPNP	Faculty  Kristanne k		
12:30 p.m.	Lunch	Sharon Mills, MSN, RN Patty Warner, BSN, RN, CCM		
1:00	Ethical and Legal Considerations in Pediatric Palliative Care			
	Karen Jones, MS, RN-C, HEC-C		Registration, Tech Check & Continental Breakfast	
2:00	Break	7:40	Welcome/Introduction/Objectives	
2:15	Sudden and Traumatic Death	7:45	Overview of ELNEC-PPC Curriculum and Resources	
	Paul Griego, MDiv Lisa Justis, LCSW, CTS	8:00	Module 1: Introduction to Pediatric Palliative Care	
	Analise (AJ) Lotz, MA, CCLS Gray Woerley, BSN, RN, CPEN	8:30	Module 2: Perinatal and Neonatal Considerations	
3:15	Resiliency Heather Fitzgerald, DBe, RN, HEC-C	9:00	Module 3: Communication	
4:00		9:30	Module 4: Ethical and Legal Considerations	
4.00	Wrap-up and Evaluation	10:00	Module 5: Cultural and Spiritual	
4:15	Adjourn		Considerations	
Thursday	, October 7, 2021	10:30	Break	
7:45 a.m.	Registration & Tech check	10:45	Module 6: Pain Management	
7:55	Welcome and Opening Remarks	11:15	Module 7: Symptom Management	
8.00	Aurora Walters, BSN, RN, RNC-NIC	11:45	Module 8: Care at the Time of Death	
8:00	Perinatal and Neonatal Palliative Care Evangeline MacMillan, BA, BSN, RN, CHPPN	12:15 p.m.	Module 9: Loss, Grief and Bereavement	
9:00	Communication in Pediatric Palliative Care	12:45	Module 10: Models of Excellence	
10.00	Stacy Anderson, DNP, RN, CPNP	1:15	Course Evaluation	
10:00	Break	1:30	Adjourn	



# **Faculty**

#### Stacy Anderson, DNP, RN, CPNP

Palliative Care Program, The Reach Team Pediatric Nurse Practitioner Children's Hospital Colorado Instructor, Pediatrics, University of Colorado

#### Stephanie Barta, CCLS (Senior Child Life Specialist)

Children's Health Pavilion Children's Hospital Colorado

#### Kelly Drake, MSN, RN, CPNP

Palliative Care PNP The Reach Team Children's Hospital Colorado

#### Heather Fitzgerald, DBe, RN, HEC-C

Director, Resilience, Ethics and Wellness Children's Hospital Colorado

#### Rev. Paul Griego, MDiv

Chaplain, Spiritual Care Children's Hospital Colorado

#### Amy Hill, BSN, RNC-NIC

Associate Clinical Manager, NICU Palliative Care Team Neonatal Intensive Care Unit Children's Hospital Colorado

#### Karen Jones, MS, RNC, HEC-C

Clinical Nurse Ethicist, Children's Hospital Colorado Faculty, CU Center for Bioethics and Humanities and CU School of Medicine

#### Lisa Justis, LCSW, CTS

Licensed Clinical Social Worker Pediatric Intensive Care Unit, Child Protection Team Children's Hospital Colorado

#### Nancy King, MSN, RN, CPNP

Center for Cancer and Blood Disorders Children's Hospital Colorado

#### Kristanne Korsgaard, BSN, RN, MNM

Pediatric Palliative Care RN Rocky Mountain Hospital for Children at Presbyterian /St. Luke's

#### Analise (AJ) Lotz, MA, CCLS

Child Life Specialist, Emergency Department Children's Hospital Colorado

#### Evangeline MacMillan, BA, BSN, RN, CHPPN

Neonatal Intensive Care Unit Children's Hospital Colorado

#### Cassie Matz, MSW, LCSW

Bereavement Coordinator Spiritual Care and Bereavement Department Children's Hospital Colorado

#### Ami Miller, BSN, RN, CPLC

Clinical Nurse III, Neonatal Intensive Care Unit Children's Hospital Colorado

#### Sharon Mills, MSN, RN

RN Care Coordinator, Special Care Clinic Children's Hospital Colorado

#### Dora Mueller, MSPC, BSN, RN, CHPPN

Palliative Nurse Care Coordinator The Reach Team Children's Hospital Colorado

#### Heather Peters, BSN, RN

RN Case Manager Denver Hospice Footsteps

#### Jenny Raybin, PhD, RN, CPNP

Palliative Care Program Leader, The Reach Team Pediatric Nurse Practitioner, Children's Hospital Colorado Associate Professor, Pediatrics, University of Colorado

#### Sara Reynolds, MDiv, BCC

Chaplain, Spiritual Care Children's Hospital Colorado

#### Lauren Treat, MD

Neurology Children's Hospital Colorado Assistant Professor of Pediatrics, University of Colorado

#### Aurora Walters, BSN, RN, RNC-NIC

Clinical Nurse IV, Neonatal Intensive Care Unit Children's Hospital Colorado

#### Patty Warner, BSN, RN, CCM

RN Care Coordinator Special Care Clinic Children's Hospital Colorado

#### Gray Woerley, BSN, RN, CPEN

Associate Clinical Manager Emergency Department Children's Hospital Colorado

### **Location and Parking**

The Train-the-Trainer portion of this conference, for a limited number of participants, will be held on the Anschutz Medical Campus at Children's Hospital Colorado, 13123 East 16th Avenue in Aurora, Colorado. Enter the hospital at the main entrance and take the elevators to the Conference and Education Center on the second floor.

Free parking for hospital guests is available on the Lower Level of the Family/Visitor parking structure, just south of the hospital's main entrance. Employees of Children's Colorado and University of Colorado Hospital must park in their designated area.

Please visit **childrenscolorado.org/directions** for driving directions.



# Registration is online

ce.childrenscolorado.org

### Registration

Register online at ce.childrenscolorado.org

CHCO Team Members 2-Day Virtual Course \$20

Community Participants 2-Day Virtual Course \$40

Train-the-Trainer Virtual Course \$25

# **Cancellation Policy**

No refunds will be granted for non-attendance although you may send a substitute (notification is required).

The planning committee reserves the right to alter the agenda or cancel the course in the event of an unforeseen circumstance, or if the minimum registration is not attained by October 4, 2021, with a full refund to participants.

#### **Further Information**

For any questions or to request arrangements to accommodate a disability, contact the conference coordinator.

Dora Mueller: 720-777-3695

dora.mueller@childrenscolorado.org

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