



HOT TOPICS IN ADOLESCENT HEALTH

Stepping Up: Advocating for Adolescents

October 22, 2021

Hosted Virtually
ce.childrenscolorado.org

Jointly Provided by

The Rocky Mountain Chapter of the Society
for Adolescent Health and Medicine



And

Children's Hospital Colorado
Section of Adolescent Medicine



Children's Hospital Colorado

Affiliated with
University of Colorado
Anschutz Medical Campus

Overview and Target Audience

This cutting-edge information will enhance knowledge, skills and performance of providers involved in physical, social and behavioral health aspects of care in adolescents and young adults.

The increased knowledge and skills will help attendees better advocate for youth in all domains of health and well-being.

Objectives

Upon completion of this course, participants should be able to:

- Practice the inner work of anti-racism through self-reflection, explore how inequities impact key developmental milestones of adolescence, and apply a racial equity lens to more effectively engage and support the needs of young people.
- Review creative ways to remove barriers and expand telemedicine support to meet adolescent sexual health needs.
- Identify the requirements set forth by the 21st Century Cures Act pertaining to medical record release, and review strategies to protect adolescent privacy within these regulations.
- Apply an equity lens to healthcare communication strategies that involve parents/guardians, recognizing structural vulnerabilities (e.g. minoritized identities or lived experiences of racism or migration) that influence parent-teen-clinician dynamics
- Gain practical skills in the clinical setting to educate parents/caregivers on teen health issues while maintaining rapport with teen patients and confidentiality when indicated
- Review common validated mental health screening tools for mental illness in adolescents, interventions for positive screens, and resources for partnering with community resources.

Continuing Education Credit

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Children's Hospital Colorado and the Rocky Mountain Chapter of the Society for Adolescent Health and Medicine. Children's Hospital Colorado is accredited by the ACCME to provide continuing medical education for physicians.

Children's Hospital Colorado designates this Other activity (Internet Live Course) for a maximum of 4.50 *AMA PRA Category 1 Credit(s)*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Others: A general certificate of attendance will be provided to all other care providers.

Location

The course will be hosted virtually. Access link will be provided day before the event.

Registration

Registration is online.

<https://ce.childrencolorado.org>

Register online by October 20, 2021.

Registration Fees:

	By 10/20
RM- SAHM Membership and Conference (New member or renewal)	\$50
Resident/Student – includes membership	\$35

Payment Options

Credit card payments accepted online.

Cancellation Policy

The registration fee is non-refundable however, you may send a substitute (notification is required). The Planning Committee reserves the right to alter the agenda or cancel the conference in the event of an unforeseen circumstance, or if the minimum registration is not attained by October 20, 2021.

Further Information

For questions or to request arrangements to accommodate a disability, contact Shaun Ayon at shaun.ayon@childrencolorado.org or 720-777-2700 in advance of the conference.

Agenda – October 22, 2021 – Mountain Standard Time

- 7:45 – 8:00am Welcome – Gordon Duvall, President, RM-SAHM
- 8:00 – 8:45 **The intersection of racial equity and adolescent development.**
Vani Tangella, MPH
- 8:45 – 9:00 Questions and Answers
- 9:00 – 9:30 **Bridges, not walls: Strengthening the parent/caregiver role to support teen health and well-being**
Annie Hoopes, MD
- 9:30 – 9:45 Questions and Answers
- 9:45 -10:00 Break
- 10:00 – 10:30 **Meeting them where they are: A family planning pandemic success story**
Molly Richards, MD
- 10:30 – 10:45 Questions and Answers
- 10:45 – 11:15 **21st Century CURES Act: Handling privacy ailments in adolescent care**
Amanda Bogart, MD
- 11:15 – 11:30 Questions and Answers
- 11:30 – 12:00 **Adolescent mental health: Assessment and intervention strategies**
Cherise L. Wells, Psy.D.
- 12:00-12:15 Questions and Answers
- 12:15 – 12:30 Evaluation and Adjourn

[Save the Date – October 28, 2022](#)

Visiting Speakers

Annie Hoopes, MD, MPH

Acting Assistant Investigator, Kaiser Permanente Washington Health Research Institute
Adolescent Medicine Physician, Kaiser Permanente Washington

Vani Tangella, MPH

Racial Equity Specialist
Colorado Department of Public Health & Environment

Cherise L. Wells, Psy.D.

Assistant Director of Behavioral Health & Medical Services, Detention Services
CO Department of Human Services, Division of Youth Services

University of Colorado/Children's Hospital Colorado Faculty

Amanda Bogart, MD

Assistant Professor of Pediatrics
Physician Informaticist
Section of Adolescent Medicine
University of Colorado School of Medicine

Molly Richards, MD

Medical Director, BC4U
Associate Professor of Pediatrics
Associate Fellowship Director
Section of Adolescent Medicine

Moderator:

Gordon Duvall, DNP, RN, PNP

President, Rocky Mountain Society Adolescent Health Medicine
Aurora Community Health Clinic Operations, Medical and Education Director
Salud Family Health Centers, Colorado

Rocky Mountain Regional Chapter of the Society of Adolescent Health and Medicine (RM-SAHM)

RM-SAHM is the Regional Chapter for Colorado and Wyoming. Founded in 1981, it is a diverse, multidisciplinary group of over 100 registered members. The Mission, Vision, and Core Values of RM-SAHM are those of national SAHM. Meetings are held bi-monthly, RM-SAHM also offers four

opportunities for continuing education: two as dinner education meetings with a 1.0 hour presentation (January, August), one as a full day “Hot Topics in Adolescent Medicine” Conference (October), and one as an annual banquet recognizing the recipient of the Chapter’s Kathleen Ann Mullen Award for Outstanding Contributions to the Field of Adolescent Health (April). The January meeting functions also as a business meeting to elect the President-Elect and recognize the Chapter’s Nominee for the SAHM Regional Chapter President’s Award. Officers of the Chapter serve from May 1 to April 30 of the following year. The Chapter dues are \$20/year. RM-SAHM board welcomes all to the board meetings. Please send an email if interested in attending, (communications@rmsam.org) Benefits of membership and the current Executive Committee are listed on the RM-SAHM website <http://www.rm-sahm.org/JOINRM-SAM.html>. For further membership questions contact: communications@rm-sahm.org.