

42nd ANNUAL

# L. Joseph Butterfield Perinatal Conference

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**October 15, 2021**  
**8:00 a.m. - 3:45 p.m. MDT**

**Children's Hospital Colorado**

*Free* Virtual Conference

The Zoom Link will be provided upon registration. Register for the 42nd Annual L. Joseph Butterfield Perinatal Conference at [ce.childrenscolorado.org](https://ce.childrenscolorado.org)

**Provided by**



**Children's Hospital Colorado**

**In collaboration with**

uchealth

## Overview, Target Audience and Learner Outcome

Much progress has been made in the care of high-risk pregnant women, critically ill newborns, and families. Still, we have more work to do to ensure the best and safest care for these populations. This year the conference addresses topics in a changing landscape surrounding pregnancy, newborns, family, and community.

This interprofessional conference is comprised of nurses, advanced practice providers, physicians, respiratory therapists and other maternal/child health providers practicing in a variety of roles and settings throughout the region.

At the conclusion of this event, participants will self-report evidence-based knowledge, skill and/or practice changes to leadership, healthcare teams, families and/or community partners.

## Objectives

- Provide introduction to the California Perinatal Quality Care Collaborative (CPQCC), describe literature on disparities in NICU care and impact on families, and present CPQCC's work on health equity
- Describe barriers and facilitators to engaging families in the NICU
- Discuss how to decrease Opioid use in postoperative cesarean delivery patients by utilizing multimodal therapies.
- Determine appropriate peripartum VTE prophylactic intervention based on known risk factors utilizing a condensed VTE risk assessment tool.
- Review strategies for supporting patients, families, and nursing staff in acute stress situations using mindfulness and grounding skills.
- Describe the complexities and dynamics of the breastfeeding family
- Explain how to build resiliency practices and commitments to flourish within the complexities of caring for others.

## Disclosure of Relevant Financial Relationships

Dr. Jocen Profit, faculty for this educational event, has received a research grant from the National Institutes of Health. The relevant financial relationship listed for this individual has been mitigated.

None of the other planners for this educational activity have relevant financial relationships to disclose with ineligible companies whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients.

## Further Information

For further information related to the on-line registration process, contact the Continuing Education Department at Children's Hospital Colorado at [ce@childrenscolorado.org](mailto:ce@childrenscolorado.org) or 720-777-5004.

## Continuing Education Credit

Registration, attendance, sign-in and submission of the evaluation, including a written response to questions related to any change in practice that you may make as a result of learning that took place at this activity, are required for successful completion and receipt of the certificate of attendance. Claim only those hours you attend.

**Nursing:** Children's Hospital Colorado is approved as a provider of nursing continuing professional development by Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This educational offering for 6.25 nursing contact hours is provided by Children's Hospital Colorado.

**Other:** A general certificate of attendance will be provided for all other participants.

## A Tribute

**L. Joseph Butterfield, MD**

October 5, 1926 - June 1, 1999



Dr. Butterfield, a world-renowned neonatology pioneer, visionary and master of networking, created the Newborn Center (Neonatal ICU) at Children's Hospital Colorado in 1965. He designed a regionalized system of care, "Newborn Country USA", advocated for newborns

and their families in legislative and professional arenas, and endowed the L. Joseph Butterfield Chair in Pediatrics at Children's Hospital Colorado.

## Register Early

[ce.childrenscolorado.org](http://ce.childrenscolorado.org)

Visit our website today to register on-line.

You will receive a confirmation email shortly after completing the on-line registration process.

## Acknowledgements

We are grateful for the collaboration and financial support from:

- Perry M. Butterfield, MA and Family
- William Randolph Hearst Endowed Fund for Perinatal and Pediatric Outreach Programs through Children's Hospital Colorado

## Agenda

Friday, October 15, 2021

- 8:00 a.m. **Welcome - Sign in, technology check**  
MDT
- 8:30 **Opening Keynote: Addressing Disparities in Perinatal Care Delivery**  
*Jochen Profit, MD, MPH*
- 9:30 **Improving Family Engagement in the NICU**  
*Sunah Susan Hwang, MD, MPH, PhD*
- 10:30 Break
- 10:45 **Decreased Opioid Use in Post-Operative Cesarean Delivery Patients**  
*Dana Cherie Steffens, BSN, RNC-OB, C-EFM*
- 11:15 **VTE Prophylaxis in L&D Patients**  
*Lakeisha McNulty, BSN, RN, C-EFM*
- 11:45 Lunch
- 12:15 p.m. **Supporting Patients, Families & Nurses in Stress**  
*Kristin Gossett, MSW, LCSW*
- 1:15 **Trifecta Team Approach for Supporting Infant Feeding: Why it Continues to be a Win for Families**  
*Lorry Watkins, BSN, RN, IBCLC*
- 2:15 Break
- 2:30 **Resiliency at Work & Beyond**  
*Christine Griffin, PhD, RN, NPD-BC, CPN, Caritas Coach, Master HeartMath Trainer*
- 3:30 **Q&A, Wrap Up, Evaluation**
- 3:45 **Adjourn**

## Keynote Faculty

**Jochen Profit, MD, MPH**

Associate Professor of Pediatrics (Neonatology)  
Stanford University School of Medicine  
Pediatrics - Neonatal and Developmental Medicine  
Lucile Packard Children's Hospital

## Faculty

**Kristin Gossett, MSW, LCSW**

Clinical Social Worker  
Colorado Fetal Care Center/Neonatal Intensive Care Unit  
Children's Hospital Colorado

**Christine Griffin PhD, RN, NPD-BC, CPN**

Caritas Coach, Master HeartMath Trainer  
Professional Development Specialist  
Children's Hospital Colorado

**Sunah Susan Hwang, MD, MPH, PhD**

The Lula O. Lubchenco Chair in Neonatal-Perinatal Medicine  
Associate Professor of Pediatrics  
Director, Perinatal Health Services Research  
Section of Neonatology, Department of Pediatrics  
University of Colorado School of Medicine

**Lakeisha McNulty, BSN, RN, C-EFM**

Clinical Nurse IV  
Children's Hospital Colorado

**Dana Cherie Steffens BSN, RNC-OB, C-EFM**

Level IV RN  
Labor and Delivery Children's Hospital of Colorado

**Lorry Watkins, BSN, RN, IBCLC**

Lactation Clinician, Child Health Clinic  
Children's Hospital Colorado

# Save the Date

## 43rd L. Joseph Butterfield Conference September 9, 2022