

Every 9 minutes,
child protective services substantiates, or finds
evidence for, a claim of child sexual abuse.

RAINN

National Sexual Assault Hotline | 800.656.HOPE | online.rainn.org
Please visit rainn.org/statistics/children-and-teens for full citation.¹

Childhood Sexual Abuse/Violence

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Context & Definitions

Age at time of first completed/attempted rape

Table 3

Age at Time of First Completed or Attempted Rape Victimization Among Female Victims — NISVS 2015¹

Age Group	Weighted %	95% CI	Estimated Number of Victims*
Under 18	43.2	(39.7, 46.8)	11,027,000
10 and under	12.7	(10.4, 15.3)	3,232,000
11 to 17	30.5	(27.3, 33.9)	7,794,000
Under 25	81.3	(78.3, 83.9)	20,752,000
18 to 24	38.1	(34.7, 41.6)	9,725,000
25 and older	17.5	(14.9, 20.4)	4,462,000
25 to 34	12.4	(10.1, 15.0)	3,154,000
35 to 44	3.5	(2.5, 5.0)	905,000
45 and older	1.6	(1.0, 2.6)	404,000

Abbreviation: CI = confidence interval.

¹A small subset of victims of completed or attempted rape could have also experienced completed or attempted being made to penetrate by the same perpetrator, and the age at first could reflect those experiences.

*Rounded to the nearest thousand.

Table 4

Age at Time of First Rape and Made to Penetrate Victimization Among Male Victims — NISVS 2015^{1,2}

Age Group	Rape (completed or attempted) ¹			Made to Penetrate (completed or attempted) ²		
	Weighted %	95% CI	Estimated Number of Victims*	Weighted %	95% CI	Estimated Number of Victims*
Under 18	51.3	(39.5, 62.9)	1,456,000	25.9	(20.3, 32.3)	2,039,000
10 and under	26.0	(16.5, 38.4)	738,000	--	--	--
11 to 17	25.3	(16.1, 37.3)	718,000	19.2	(14.5, 25.0)	1,515,000
Under 25	70.8	(59.2, 80.3)	2,011,000	65.5	(58.5, 72.0)	5,163,000
18 to 24	19.6	(12.4, 29.4)	555,000	39.7	(33.2, 46.6)	3,124,000
25 and older	25.1	(16.3, 36.5)	713,000	32.1	(25.8, 39.1)	2,529,000
25 to 34	--	--	--	16.6	(12.0, 22.5)	1,307,000
35 to 44	--	--	--	10.4	(6.6, 16.0)	816,000
45 and older	--	--	--	--	--	--

Abbreviation: CI = confidence interval.

¹A small subset of victims of completed or attempted rape could have also experienced completed or attempted being made to penetrate by the same perpetrator, and the age at first could reflect those experiences.

²A small subset of victims of completed or attempted made to penetrate could have also experienced completed or attempted rape by the same perpetrator, and the age at first could reflect those experiences.

*Rounded to the nearest thousand.

--Estimate is not reported; relative standard error > 30% or cell size ≤ 20.

Age at time of first victimization by an intimate partner

Table 13

Age at Time of First Victimization of Contact Sexual Violence,¹ Physical Violence, and/or Stalking by an Intimate Partner² Among Female Victims — NISVS 2015

Age Group	Weighted %	95% CI	Estimated Number of Victims*
Under 18	25.8	(23.5, 28.4)	11,264,000
10 and under	--	--	--
11 to 17	25.6	(23.2, 28.1)	11,140,000
Under 25	71.1	(68.6, 73.5)	30,978,000
18 to 24	45.2	(42.5, 48.0)	19,713,000
25 and older	28.0	(25.6, 30.5)	12,193,000
25 to 34	19.0	(16.9, 21.2)	8,259,000
35 to 44	6.5	(5.4, 8.0)	2,854,000
45 and older	2.5	(1.8, 3.4)	1,080,000

Abbreviation: CI = confidence interval.

¹Contact sexual violence includes rape, being made to penetrate someone else, sexual coercion, and/or unwanted sexual contact.

²Represents the age at the first experience of IPV among women who experienced contact sexual violence, physical violence, and/or stalking by an intimate partner. IPV includes physical violence, all forms of sexual violence, stalking, and psychological aggression.

*Rounded to the nearest thousand.

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Table 14

Age at Time of First Victimization of Contact Sexual Violence,¹ Physical Violence, and/or Stalking by an Intimate Partner² Among Male Victims — NISVS 2015

Age Group	Weighted %	95% CI	Estimated Number of Victims*
Under 18	14.6	(12.4, 17.0)	5,444,000
10 and under	--	--	--
11 to 17	14.4	(12.3, 16.9)	5,394,000
Under 25	55.8	(52.5, 59.0)	20,832,000
18 to 24	41.2	(38.0, 44.5)	15,388,000
25 and older	43.1	(39.9, 46.3)	16,087,000
25 to 34	26.0	(23.3, 28.9)	9,713,000
35 to 44	10.4	(8.6, 12.6)	3,883,000
45 and older	6.7	(5.2, 8.5)	2,491,000

Abbreviation: CI = confidence interval.

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OF ALL VICTIMS UNDER 18, 2 OUT OF 3 ARE AGES 12-17



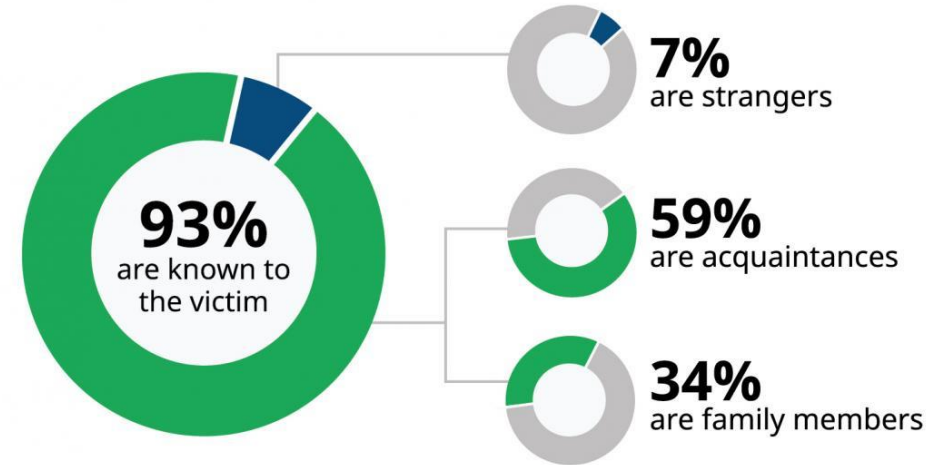
■ **34%** under age 12 ■ **66%** age 12-17

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CHILD VICTIMS OFTEN KNOW THE PERPETRATOR

Among cases of child sexual abuse reported to law enforcement:



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Statistics of Childhood Sexual Abuse

What is Childhood Sexual Abuse?

Child sexual abuse is a form of child abuse that includes sexual activity with a minor. Including but not limited to:

- Exhibitionism, or exposing oneself to a minor
- Fondling
- Intercourse
- Masturbation in the presence of a minor or forcing the minor to masturbate
- Obscene phone calls, text messages, or digital interaction
- Producing, owning, or sharing pornographic images or movies of children
- Sex of any kind with a minor, including vaginal, oral, or anal
- Sex trafficking
- Any other sexual conduct that is harmful to a child's mental, emotional, or physical welfare

Risk Factors for CSA

Individual Factors

- Sex
- Gender identity
- Age
- Sexual orientation
- Race/ethnicity
- Prior victimization

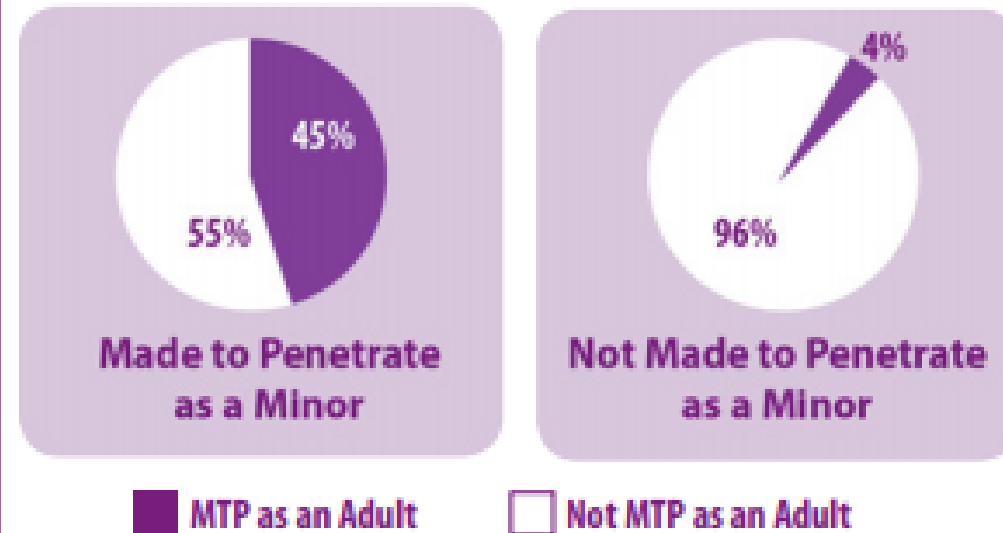
Estimated Percentage of U.S. Women's Experience of Rape as an Adult by Whether Raped as a Minor*



- 35% of women who were raped as minors were also raped as adults compared to 10% of women who were not raped as minors and were raped as adults.

* Male rape estimates are not reported. Too few males reported rape in 2012 to produce a reliable estimate.

Estimated Percentage of U.S. Men's Experience of Made to Penetrate (MTP) as an Adult by Whether MTP as a Minor



- 45% of men who were made to penetrate as minors were also made to penetrate as adults compared to 4% of men who were not made to penetrate as minors and were made to penetrate as adults.

Family Structure

- Blended families
- Foster families
- Single-parent households
- Families with financial hardship
- DV/IPV present in family
- Generational trauma



Community/Environmental Factors

- Prevalence of violence and crime
- Shortage of resources



Risk Factors for Sexual Violence

IPV in Adolescence

- One in 10 high school girls – one in 20 high school boys reported being forced into sex
- More than 1/3 of acquaintance rape victims are btwn 14-17 y/o

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Age of Consent in Colorado

17 – age of consent

“Romeo & Juliet” laws

- 16-17: up to 10 years difference
- Younger than 16: up to 5 years difference

Assessments



Signs of CSA

Physical Signs

- Pain/burning/itching/bleeding/bruising/swelling in genital area
- Bloody, torn, or stained underwear
- Frequent urinary or yeast infections
- Chronic stomach pains
- Chronic headaches

Signs of CSA

Behavioral signs

- Regression
 - Bed wetting
 - Thumb sucking
- Change in hygiene, such as refusing to bathe or bathing excessively
- Negative changes in school performance
 - Attendance
 - Drop in grades
- Inappropriate sexual knowledge or behaviors
- Overly protective and concerned for siblings
- Runs away from home or school
- Shrinks away or seems threatened by physical contact
- Increase in risk-taking behaviors, especially in adolescents
- Avoidance of certain places, people, experiences

Signs of CSA

Psychological Signs

- Nightmares/flashbacks
- Intrusive thoughts/memories
- Suicidal thoughts
- Self-harming behavior
- Disordered eating habits



Psychoeducation

HOW TO TALK TO OUR PATIENTS AND THEIR FAMILIES

With younger children

- Healthy boundaries
- Safe touch (consent)
- Tools to verbalize distress/discomfort/danger

With adolescents

- Healthy boundaries
 - Exploration of power & control dynamic
- Trauma and the brain
- Enthusiastic consent

Trauma and the Brain

How psychoeducation can normalize & validate

* add graphic

With parents/guardians

- What is healthy and safe sexual exploration?
 - What is age-appropriate?
 - Between other children in the home
- How to talk about boundaries
- How to talk about consent