



Family Risk and Protective Factors

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Video- CDC violence prevention



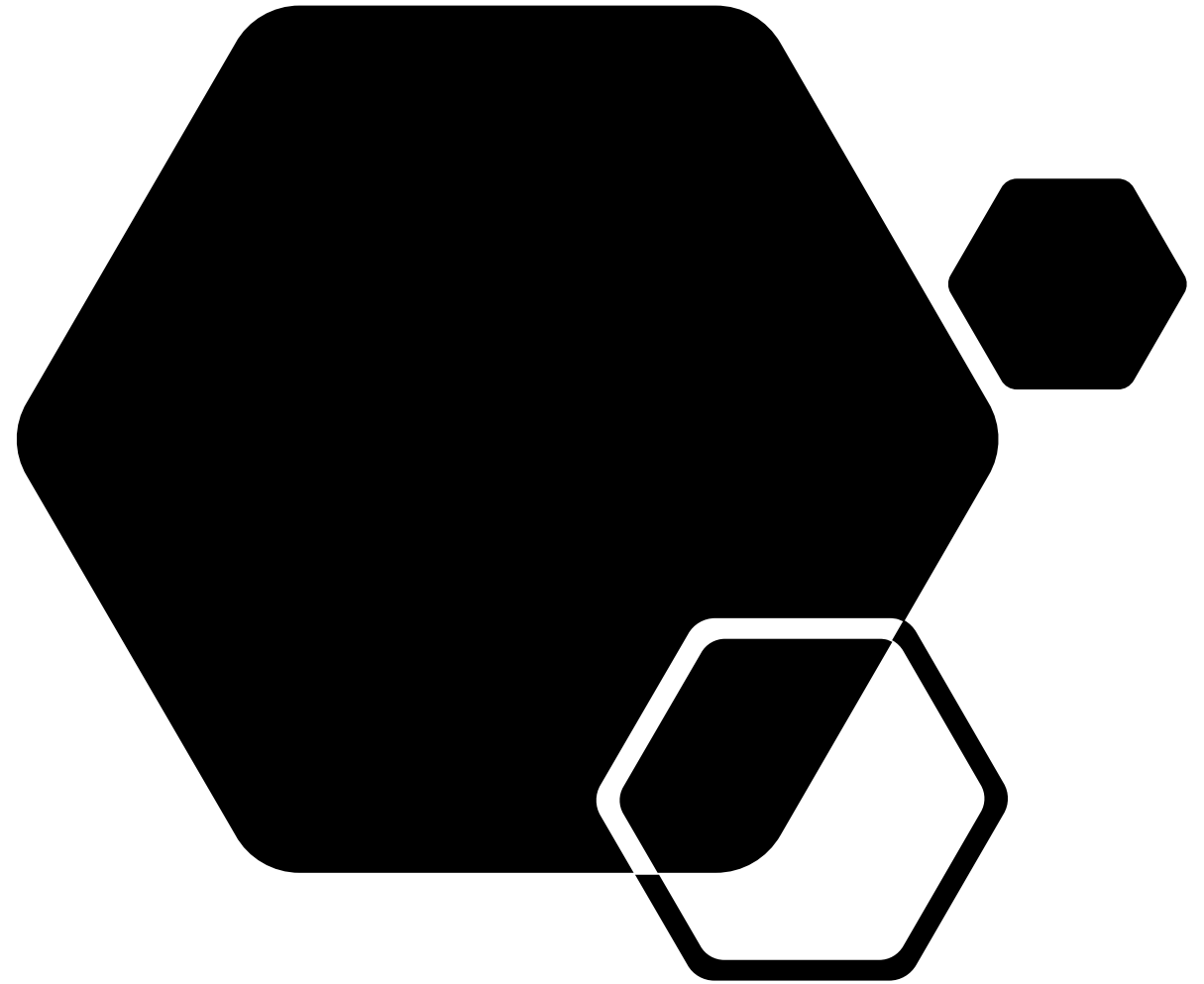
Exploring protective factors

*every individual family has protective factors, what are they?

What's worked well in your family?

How do you celebrate accomplishments/milestones, if at all?

How do risk factors
place families at
higher risk for abuse
and neglect?



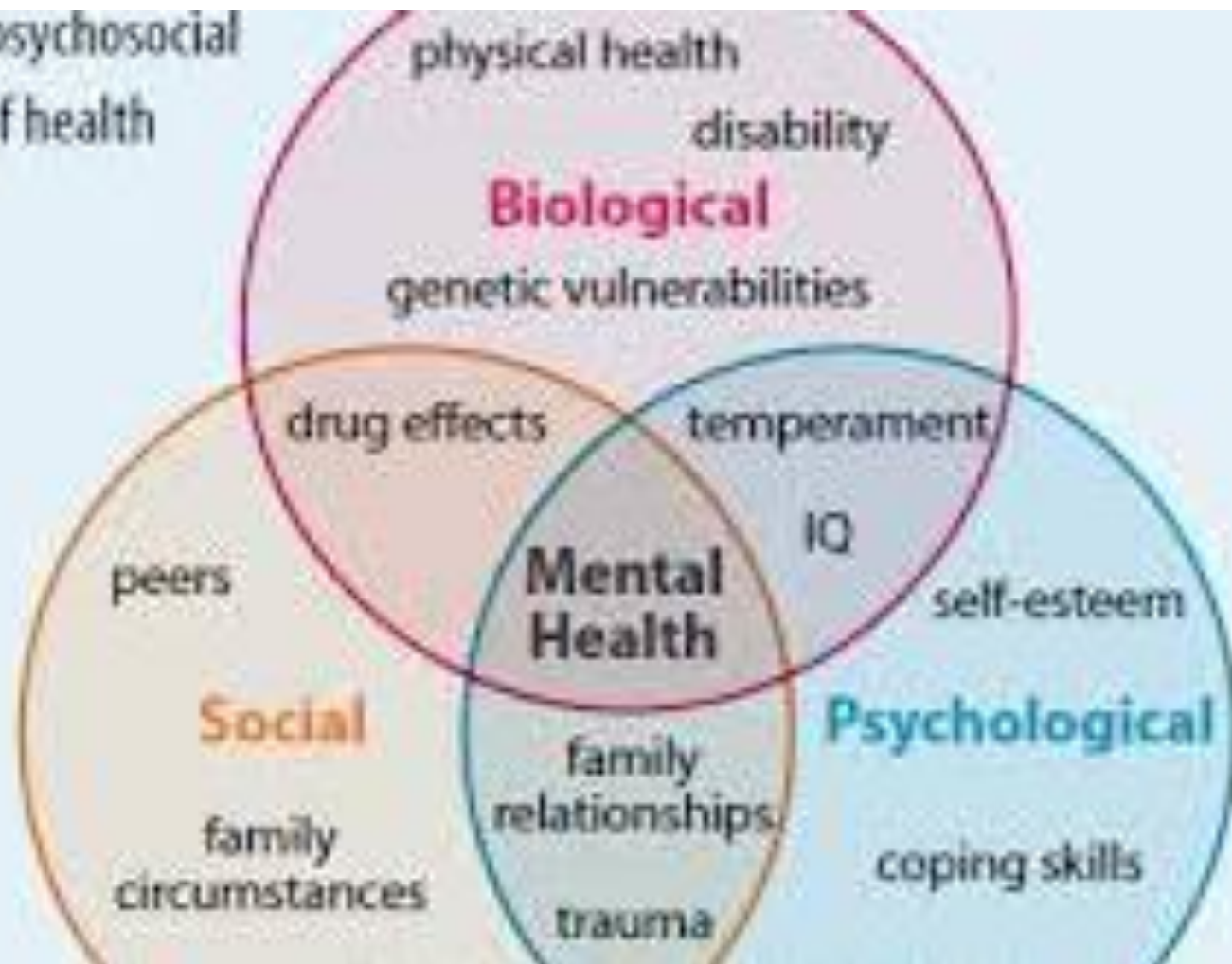
Domains to consider:

Individual/biological

Family/psychological

Community/social

The biopsychosocial
model of health



Biopsychosocial
Model

Individual Risk and Protective Factors

List not meant to be exhaustive of all factors...

- *Risk*

- Individual Mental Health
- Child with special needs
- Access to food
- Temperament

- *Protective*

- Self-regulation skills/coping skills
- Obtains emotional support
- Consistent, caring caregiver

Family Risk and Protective Factor

- **Risk**

- Parental mental health
- Financial stressors
- Parent who is in jail or prison
- Lack of access to medical services/care
- Intimate partner violence
- Family violence

- **Protective**

- Access to transportation
- Conflict management skills
- Caregiver with strong/healthy attachment
- Supervision

Community

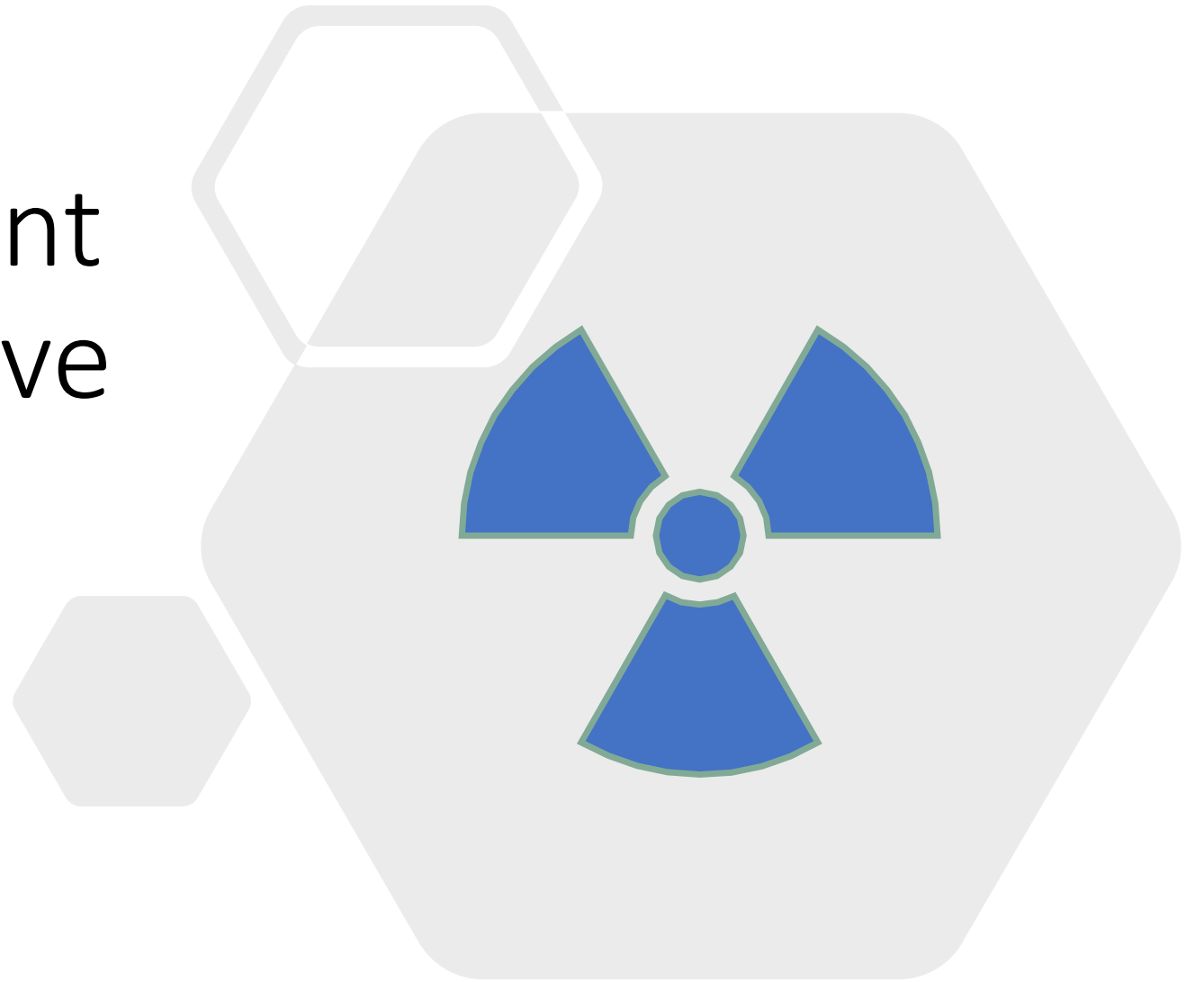
- *Risk*

- Peers
- School
- Poverty
- Neighborhood safety
- Living in neighborhoods with high crime/violence

- *Protective*

- Availability to community resources/after school programs
- Non targeted racial group
- Strong attachment to teacher/staff member
- Stable housing
- Economic opportunities
- Extended family support

Is our involvement
a risk or protective
factor?



How do risk factors place families at higher risk for abuse and neglect?

