

CHILDREN'S HOSPITAL COLORADO PRESENTS

# Virtual Education Series: An Overview of Anxiety among Children and Adolescents

Thursday, May 20, 2021 • 12 to 1 p.m.

Teleconference (Zoom Link sent day before the session for registered participants)

## Overview, Target Audience and Learner Outcome

This activity is for the interdisciplinary healthcare team will include a review of current literature and clinical pathways followed by Children's Hospital Colorado for the evaluation, treatment and management of pediatric anxiety. In addition to a presentation from a content expert, attendees will participate in case study review and discussion to provide direction on clinical practice. As a result of this activity, learners will be able to self-report new knowledge related to managing a pediatric patient with anxiety.

## Objectives

- Describe the prevalence and impairment associated with pediatric anxiety disorders
- Discuss defining features of anxiety disorders and potential screening instruments
- Describe the foundations of evidence-based treatment of these conditions, including exposure with response prevention and minimizing family accommodation of anxiety

## Faculty from Children's Hospital Colorado / University of Colorado

Benjamin Mullin, Ph.D.

Associate Professor of Psychiatry

University of Colorado School of Medicine

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## Continuing Education Credit

Registration, attendance, sign-in and submission of the evaluation, including a written response to questions related to any change in practice that you may make as a result of learning that took place at this program, are required for successful completion and receipt of the certificate of attendance. Claim only those hours you attend.

## Medical

Children's Hospital Colorado is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Children's Hospital Colorado designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## Nursing

Children's Hospital Colorado is approved as a provider of nursing continuing professional development by Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This educational offering for 1 nursing contact hour is provided by Children's Hospital Colorado.

## EMS

Children's Hospital Colorado is an approved provider of EMS continuing education through the Colorado Department of Public Health and Environment, Health Facilities and Emergency Medical Services Division. Children's Hospital Colorado is EMS Training Group #EO49. This education offering is good for 1 CE hour.

**Disclosures** Planning Committee - none    Faculty- none

## Registration and Contact Information

There is no registration fee for this event. Please register here: [May 2021 VES Registration](#) by May 19th, 2021. For further information, contact [nicole.shonka@childrenscolorado.org](mailto:nicole.shonka@childrenscolorado.org).



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