



THE ROSENBERRY CONFERENCE

Risk and Resilience in Pediatric Chronic Illness: A Family Systems Caregiver-Centered Approach

May 6, 2022

Children's Hospital Colorado
Anschutz Medical Campus
Hosted Virtually

Provided by

Children's Hospital Colorado, Pediatric Mental Health Institute



Children's Hospital Colorado



Affiliated with
University of Colorado
Anschutz Medical Campus

The Rosenberry Conference

Course Overview and Target Audience

Chronic medical and psychiatric conditions impact the entire family system. Understanding the effect of a chronic illness on parenting and family stress is vital to comprehensively supporting children during their medical or psychiatric recovery. Equally important is understanding the factors that support thriving or growth in the light of a chronic illness. This course will offer the opportunity to increase competence, understanding, and skills related to caregiver-centered interventions. Specifically, this course will provide an overview of how a family systems caregiver-centered approach is vital in conceptualizing and intervening around risk and protective factors for a child with a chronic condition. This conference will be of interest to Physicians, Psychologists, Advanced Practice Providers, Social Workers, and the healthcare team.

Learning Objectives

- Describe the history of family systems frameworks and the integration into a biopsychosocial approach to pediatric health care.
- Identify a range of evidence-based multilevel interventions for specific pediatric presenting problems.
- Demonstrate an understanding of family risk factors and how to take them into account in developing interventions.
- Outline strategies for assessing and treating a range of presenting problems in the context of pediatric health.
- Discuss the development of new interventions that include family systems frameworks.

Continuing Education Credit

Medical: Children's Hospital Colorado is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Children's Hospital Colorado designates this Other activity (Internet Live Course) for a maximum of 6.0 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Licensed Clinical Social Work: An application to award NASWCO Continuing Education Credits has been submitted. LCSW Credit has been approved.

Other: Upon completion of the evaluation, a general certificate of attendance is available to all other providers.

Agenda

Friday, May 6, 2022

8:00 a.m.	Welcome <i>Cindy Buchanan, PhD</i> <i>Ron-Li Liaw, MD</i>
8:30	Session One - A Biopsychosocial Family Systems Framework in Pediatric Health: A Brief History and New Beginnings <i>Larry L. Mullins, PhD</i>
9:30	Break
9:45	Session Two - Developing Tailored, Evidence-Based Family Systems Interventions <i>Larry L. Mullins, PhD</i>
10:30	Break
11:00	Session Three - Shining the Light on Parent Wellbeing through Family Systems Interventions <i>Dana Bakula, PhD</i>
12:00 p.m.	Break
12:45	Session Four: Case Presentations <i>Larry L. Mullins, PhD</i>
1:45	Break
2:00	Session Five - Addressing Barriers to Engaging in Parenting Programs: New Insights and Future Directions <i>Jacob Holzman, PhD</i>
3:00	Break
3:15	Session Six - Strategies to Increase Acceptability and Accessibility of Behavioral Parent Training <i>Christina Studts, PhD, MSPH, LCSW</i>
4:15	Closing Comments and Evaluation
4:30	Adjourn

**Larry L. Mullins, PhD**

Professor, Department of Psychology
Oklahoma State University
Stillwater, Oklahoma

Dana Bakula, PhD

Psychology Postdoctoral Fellow
Children's Mercy
Kansas City, MO

Local Faculty**Jacob Holzman, PhD**

Assistant Professor, Department of Psychiatry
University of Colorado School of Medicine
Licensed Clinical Psychologist
Pediatric Mental Health Institute
Children's Hospital Colorado

Christina Studts, PhD, MSPH, LCSW

Associate Professor, Department of Pediatrics
University of Colorado School of Medicine

Acknowledgement

The Rosenberry Conference is an annual event held in honor of Walter S. Rosenberry III, a former board member and benefactor of Children's Hospital Colorado. Mr. Rosenberry's support of Children's Hospital Colorado and Department of Psychiatry and Behavioral Sciences provides us with an opportunity to recognize and honor those individuals who have made significant contributions to the field of psychology and behavioral sciences.

Registration

ce@childrenscolorado.org

This conference is being held virtually.

Register online by April 29. You will receive a confirmation email with important details after registering.

Registration Fees:

Professionals**	\$55
Verified Students***	\$30

**Children's Hospital and University of Colorado employees are eligible for a discounted rate at the time of registration.

***Email student status verification to shaun.ayon@childrenscolorado.org within two days of registering.