



12<sup>TH</sup> ANNUAL

# Updates in Pediatric Clinical Nutrition Conference

November 3, 2023

In person and virtual conference

Children's Hospital Colorado  
Anschutz Medical Campus  
2<sup>nd</sup> floor, Conference and Education Center

**Provided by:**

Children's Hospital Colorado, Department of Clinical Nutrition



Children's Hospital Colorado



Affiliated with  
University of Colorado  
Anschutz Medical Campus

# 12<sup>th</sup> Annual Updates in Pediatric Clinical Nutrition Conference

## Overview, Target Audience and Learner Outcomes

This conference is intended to present the most current research and application for practitioners interested in current topics in pediatric clinical nutrition.

## Objectives

Following the presentations, attendees should be able to:

- Translate diet, gut microbiome, and metabolites to pediatric health and disease
- Describe potential applications for foodomics approaches in research and clinical practices
- Review Key Action Statements of the 2023 AAP Obesity Clinical Practice Guidelines including updates on anti-obesity medications and bariatric surgery
- Describe the eight tenets of weight-inclusive care, and how to integrate them into their specific healthcare settings

## Continuing Education Credit

Upon completion of the evaluation, a certificate of attendance will be provided.

Medical: Children's Hospital Colorado is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Children's Hospital Colorado designates this activity for a maximum of 5.75 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dietitians and DTR's: Children's Hospital Colorado Department of Clinical Nutrition is a CPE Accredited Provider from the Commission on Dietetic Registration. This conference will provide 5.5 (6.5 with in person exhibit hall) continuing professional education units (CPE) for RDN's and DTR's.

Commission on Dietetic Registration, the credentialing agency for the Academy of Nutrition and Dietetics, allows for "Exhibit Learning" time to be claimed. Learners may record several exhibits that relate to the same performance indicator as one event on their Activity Log. Learners may claim an extra (1) hour upon completion of the evaluation with hours attestation.

## Location and Parking

This conference will be held on the Anschutz Medical Campus at the Children's Hospital Colorado, 13123 E 16<sup>th</sup> Ave, Aurora, Colorado 80045. Arrive early to allow for pre-screening. Please enter the hospital at the main entrance and take the elevators to the Conference and Education Center on the second floor.

Free parking for conference guest available in **Lot #10 Visitor Parking** located on Victor Street, just east of the hospital's main entrance. Employees must park in their designated parking areas. For driving directions, please visit: [CHCO Directions and Parking](#)

## Registration Fees

Visit our website to register online: [Register Here](#)

Conference Fees: \$100

Students/Fellows/Residents/Interns: \$50

CHCO Nutrition Fellows/Dietetic Interns: Free

## Conference Handouts

As provided, handouts will be emailed out to each registered participant after the conference.

## Exhibit Hall

Our exhibit sponsor information will be available for in person attendees. Participation in the exhibit hall is optional.

## Further Information

A few days prior to the conference virtual attendees will receive an email that will include instructions for signing in virtually the morning of the conference, and how to join the conference online.

If you need additional information, please contact Lisa Englander Landes at 720-777-0928 or [Lisa.EnglanderLandes@childrenscolorado.org](mailto:Lisa.EnglanderLandes@childrenscolorado.org) at least one week in advance of the conference.

For CE support, contact Shaun Ayon at 720-777-2700 or [shaun.ayon@childrenscolorado.org](mailto:shaun.ayon@childrenscolorado.org)

## Agenda

### November 3, 2023

7:30-8am	Registration and Breakfast
8:00	Welcome and Introductions
8:15-9:15	Lyn Stevenson Pediatric Nutrition -Keynote Presentation The Effect of Diet on the Gut Microbiome <i>Lindsey G. Albenberg, D.O.</i>
9:15-9:30	Break/Exhibit Hall
9:30-10:30	Foodomics: Harnessing Metabolomics in the Era of Food as Medicine <i>Emily B. Hill, Ph.D., RDN</i>
10:30-10:45	Break/Exhibit Hall
10:45-11:45	Breakout Session: (choose one)  Enteral Formula and Enteral Updates <i>Kelly Klaczkiwicz, RDN, CSP</i>  Food Insecurity and its Impact on Pediatric Nutrition and Health <i>Brandon Osborn, Ph.D.</i>
11:45-12:45	Lunch Break/Exhibit Hall
12:15-12:45	Dietetic Internship Updates (non-CE) <i>Lisa Englander Landes, MPH, RD</i>
12:45-1:00	Afternoon Welcome
1:00-2:15	Highlights from the 2023 AAP Clinical Practice Guideline on Pediatric Obesity <i>Matthew A. Haemer, MD, MPH</i> <i>Jaime M. Moore, MD, MPH</i> <i>Kelda Kast Reimers, RD, SCOWM</i>
2:15-2:30	Break/Exhibit Hall
2:30-3:45	Combating Weight Stigma with Weight Inclusive Care <i>Erin N. Harrop, Ph.D., LICSW</i>
3:45-4:00	Wrap up/Evaluations/Adjourn

## Faculty List

### **Lindsey G. Albenberg, D.O.**

Assistant Professor, Pediatrics, Gastroenterology, Hepatology and Nutrition  
The Children's Hospital of Philadelphia

### **Matthew A. Haemer, MD, MPH**

Associate Professor, Department of Pediatrics, Section of Nutrition  
University of Colorado School of Medicine

### **Emily B. Hill, Ph.D., RDN**

Postdoctoral Fellow, Department of Pediatrics, Section of Nutrition  
University of Colorado Anschutz Medical Campus

### **Erin N. Harrop, Ph.D., LICSW**

Assistant Professor  
University of Denver Graduate School of Social Work

### **Kelly Klaczkiwicz, RDN, CSP**

Pediatric Clinical Dietitian, Gastroenterology  
Children's Hospital Colorado

### **Brandon Osborn, Ph.D.**

Postdoctoral Fellow, Department of Pediatrics, Section of Nutrition  
University of Colorado School of Medicine

### **Jaime M. Moore, MD, MPH**

Assistant Professor, Department of Pediatrics, Section of Nutrition  
University of Colorado School of Medicine

### **Kelda Kast Reimers, RD, CSOWM**

Pediatric Clinical Dietitian, Bariatric Surgery  
Children's Hospital Colorado