

4th Annual CoPPCAP Learning Collaborative – A Virtual Event

Friday, September 22th (networking)

5:00 pm - 6:00 pm

Saturday, September 23rd (includes 4 consecutive sessions)

8:30 am - 5:00 pm

Provided by:

Colorado Pediatric Psychiatry Consultation & Access Program

In Collaboration with:



CoPPCAP

Colorado Pediatric Psychiatry
Consultation & Access Program

13123 E 16th Ave, Aurora, CO 80045

1-888-910-0153 | CoPPCAP.org

Overview and Target Audience

This meeting is specifically for physicians and advanced practice providers (APPs) that work with children facing difficult choices with behavioral/mental health concerns. It will provide knowledge regarding key behavioral/mental health topics that will enable the participant to apply acquired knowledge and best practices with patients in his/her practice.

Educational Objectives

Upon completion of this meeting, participants should be able to:

1. Participants will apply the skills gained to assess and treat mild to moderate behavioral health concerns of anxiety and depression presenting in the primary care setting.
2. Participants will be able to utilize screening tools in primary care for evaluating substance use, and use motivational interviewing skills to engage patients in treatment of substance use disorders.
3. Participants will be able to describe the medical assessment and monitoring of youth presenting with eating concerns in the primary care setting.
4. Participants will be able to utilize brief components of Family Based Therapy in the primary care setting to address eating concerns with both the patient and the family.

Acknowledgements

We appreciate the support from the following agencies:

- Children's Hospital Colorado (CHCO)
- The Health Resources and Services Administration (HRSA)
- University of Colorado School of Medicine (CUSOM)
- Colorado Department of Higher Education (CDHE)
- Colorado Department of Public Health and Environment (CDPHE)
- American Academy of Pediatrics, Colorado Chapter (AAP CO)

Continuing Education Credit

Continuing Medical Education:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Children's Hospital Colorado and the Colorado Pediatric Psychiatry Consultation & Access Program (CoPPCAP). Children's Hospital Colorado is accredited by the ACCME to provide continuing medical education for physicians.

Children's Hospital Colorado designates this Other activity (Internet Live Course) for a maximum of 6.25 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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Others: A general certificate of attendance will be given to all other care providers. [1-888-910-0153 | CoPPCAP.org](https://www.coppcap.org)

In partnership with the Colorado Department of Public Health and Environment, this project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,851,222.00 with zero percentage financed with nongovernmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.

Conference Agenda

Friday, September 22, 2023

5:00 p.m.

Check-in

5:05 p.m.

Welcome & Networking

Sandra Fritsch, MD

Saturday, September 23, 2023

8:30 a.m.

Identifying and Treating Youth with Anxiety

Ryan Asherin, PhD, John Peterson, MD, Jeanne Van Cleave, MD

Identifying and Treating Youth with Depression

Douglas Novins, MD, Erika Garcia-Rocha, PsyD, David Keller, MD

Assessment & Treatment of Mild to Moderate Eating Disorders of Youth Presenting in the Primary Care Setting

Marissa Schiel, MD, PhD, Amy Sass, MD, Sarah Horvath, PhD, Kristen Lingle, PMHNP

10:00 a.m.

Break

10:15 a.m.

Repeat of the above 2 sessions (Anxiety, and Depression), plus Screening and Referral for Substance Use Disorder

Paula Riggs, MD

11:45 a.m.

Lunch (drop in and ask the experts time noon-12:30pm)

1:00 p.m.

Repeat of the above 2 sessions (Anxiety, and Eating Disorder), plus Screening and Referral for Substance Use Disorder

Paula Riggs, MD

2:30 p.m.

Break

2:45 p.m.

Repeat of the above 2 sessions (Depression, and Eating Disorder), plus Screening and Referral for Substance Use Disorder

Paula Riggs, MD

4:15 p.m.

Wrap up, Evaluation & Closing Remarks

Sandra Fritsch, MD

4:30 p.m.

Adjourn

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Presenting Faculty

Sandra L Fritsch, MD., MEd, FAACAP

Medical Director, Pediatric Mental Health Institute,
Children's Hospital Colorado,
Professor, Department of Psychiatry
University of Colorado School of Medicine

David Keller, MD

Professor and Vice Chair of Clinical Strategy and
Transformation
Department of Pediatrics
University of Colorado School of Medicine
Children's Hospital Colorado

Ryan Asherin, PhD

Assistant Professor, Department of Psychiatry
University of Colorado School of Medicine

John Peterson, MD

Child and Adolescent Psychiatrist
Children's Hospital Colorado
Senior Instructor
Department of Psychiatry
University of Colorado School of Medicine

Jeanne Van Cleave, MD

Associate Professor of Pediatrics
Department of Pediatrics
University of Colorado School of Medicine
Children's Hospital Colorado

Sarah Horvath, PhD

Psychology Postdoctoral Fellow
Pediatric Mental Health Institute
Eating Disorder Program
Children's Hospital Colorado

Erika Garcia-Rocha, PsyD

Sr. Instructor
Licensed Clinical Psychologist

Douglas K. Novins, MD

Professor & Director, Division of Community,
Population, and Public Mental Health
Department of Psychiatry
University of Colorado School of Medicine
Professor, Centers for American Indian &
Alaska Native Health,
Department of Community & Behavioral
Health Colorado School of Public Health
*Editor-in-Chief, Journal of the American
Academy of Child & Adolescent Psychiatry*

Paula, Riggs, MD

Professor
Director, Division of Addiction Science
Prevention & Treatment
Department of Psychiatry
University of Colorado School of Medicine

Marissa Schiel, MD, PhD

Medical Director of Ambulatory Services and
Informatics, Pediatric Mental Health Institute,
Children's Hospital Colorado
Associate Professor, Department of Psychiatry
University of Colorado School of Medicine

Amy Sass, MD

Associate Professor
Pediatrics-Adolescent Medicine
Children's Hospital Colorado
University of Colorado School of Medicine

Kristen A. Lingle, MSN, MPH, PMHNP-C

Assistant Professor
Lead APP, Pediatric Mental Health Institute
Co-Director PMHNP Training, Nurse Practitioner
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