



13TH ANNUAL

Updates in Pediatric Clinical Nutrition Conference

November 1, 2024

In person and virtual conference

Children's Hospital Colorado
Anschutz Medical Campus
2nd floor, Conference and Education Center

Provided by:
Children's Hospital Colorado, Department of Clinical Nutrition



Children's Hospital Colorado



Affiliated with
University of Colorado
Anschutz Medical Campus

13th Annual Updates in Pediatric Clinical Nutrition Conference

Overview and Target Audience

This conference is intended to present the most current research and application for clinical nutrition practice areas for the care of infants and children and will be of interest to staff at Children's Colorado, community physicians, nurses, dietitians and other multidisciplinary healthcare providers.

Objectives

Following the presentations, attendees should be able to:

- Identify the major ways to reduce anxiety, stress and power struggles during a family meal.
- Recognize that solid foods also play a critical role in infant development.
- Discuss rational, evidence and key principles for using motivational interviewing.
- Identify common sports supplements in young athletes and understand current research of risk vs benefits.
- Identify and assist parents in formula choices and the differences between formulas.
- Identify common pediatric nutrition concerns.
- Describe current federal and state nutrition policy topics.

Continuing Education Credit

Upon completion of the evaluation, a certificate of attendance will be provided.

Medical: Children's Hospital Colorado is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Children's Hospital Colorado designates this activity for a maximum of 5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dietitians and DTR's: This conference will provide 5 continuing professional education units (CPE) for RDN's and DTR's.

OT's and SLP's: Some sessions may be eligible for continuing education credits, please see program to determine which would be applicable to your field.

Location and Parking

This conference will be held on the Anschutz Medical Campus at the Children's Hospital Colorado, 13123 E 16th Ave, Aurora, Colorado 80045. Arrive early to allow for pre-screening. Please enter the hospital at the main entrance and take the elevators to the Conference and Education Center on the second floor.

Free parking for conference guest available in **Lot #10 Visitor Parking** located on Victor Street, just east of the hospital's main entrance. Employees must park in their designated parking areas. [Directions and Parking](#)

Registration Fees

Visit our website to register online: [Register Here](#)

Conference Fees: \$100

Full time students/Fellows/Residents/Interns: \$35

Children's Colorado Nutrition Fellows/Dietetic Interns: Free

Conference Handouts

As provided, handouts will be emailed out to each registered participant after the conference.

Exhibit Hall

Our exhibit information will be available for in person attendees. While participation is optional, we encourage attendees to meet with our generous exhibitors.

Further Information

A few days prior to the conference virtual attendees will receive an email that will include instructions for signing in virtually the morning of the conference, and how to join the conference online.

If you need additional information, please contact Haley Willison at Haley.Willison@childrenscolorado.org or 720-777-4314 at least one week in advance of the conference.

For CE support, contact Shaun Ayon at 720-777-2700 or shaun.ayon@childrenscolorado.org

Agenda

November 1, 2024

7:30-8:00	Registration and Breakfast
8:00-8:15	Welcome and Introductions
8:15-9:15	Lyn Stevenson Pediatric Nutrition - Keynote Presentation Food is More than a Source of Calories <i>Judy Delaware, OTR/L, CLC</i>
9:15-9:45	Break/Exhibit Hall
9:45-10:45	Complementary Feeding and its Impact on Health <i>Minghua Tang, PhD</i>
10:45-11:00	Break/Exhibit Hall
11:00-12:00	Motivational Interviewing in Pediatric Weight Management <i>Matthew A. Haemer, MD, MPH</i> <i>Helen Seagle, MS, RD</i>
12:00-1:00	Lunch Break/Exhibit Hall
12:45-1:00	Afternoon Welcome
1:00-2:00	Break Out #1 Sports Supplements for the Young Athlete <i>Amanda McCarthy, MS, RDN, CSSD</i> Navigating Infant and Pediatric Formula Choices <i>Karen Beers, MAE, RD, CNSC</i>
2:00-2:20	Break/Exhibit Hall
2:20-3:20	Break Out #2 Nutrition Policy Updates <i>Laura Pickens, MS, RDN / CAND team</i> Texts from Friends: The Most Common Nutrition Questions from my Pediatrician Friends <i>Stephanie Gilley, MD, PhD, FAAP</i>
3:20-3:30	Wrap up/Evaluations/Adjourn

Faculty List

Karen Beers, MAE, RDN, CNSC

Clinical Dietitian
Children's Hospital Colorado

Judy Delaware, OTR/L, CLC

Pediatric Feeding Specialist
Feeding Littles, Nurturing Babies and Parents

Stephanie Gilley, MD, PhD, FAAP

Assistant Professor, Department of Pediatrics
Section of Nutrition
University of Colorado School of Medicine

Matthew A. Haemer, MD, MPH

Professor, Department of Pediatrics, Section of Nutrition
University of Colorado School of Medicine

Amanda McCarthy, MS, RDN, CSSD

Clinical Dietitian
Children's Hospital Colorado

Laura Pickens, MS, RDN / CAND Team

Dietitian, Public Policy Coordinator
Colorado Academy of Nutrition and Dietetics

Helen Seagle, MS, RD

Clinical Nutrition Manager
Children's Hospital Colorado

Minghua Tang, PhD

Associate Professor, Lillian Foundation-Smith Endowed Chair
Food and Science and Human Nutrition
Colorado State University