



HOT TOPICS IN ADOLESCENT HEALTH

# Empowering You and YOU-th, to make our voices heard

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October 25, 2024

## Jointly provided by

The Rocky Mountain Chapter of the Society  
for Adolescent Health and Medicine



**Children's Hospital Colorado**

Affiliated with  
 University of Colorado  
Anschutz Medical Campus

## HOT TOPICS IN ADOLESCENT HEALTH

### Overview and Target Audience

This cutting-edge information will enhance knowledge, skills and performance of providers involved in physical, social and behavioral health aspects of care in adolescents and young adults.

The increased knowledge and skills will help attendees better advocate for youth in all domains of health and well-being.

### Objectives

Identify the signs of disordered eating and develop approaches to prevent it from becoming an eating disorder.

Identify signs of human trafficking of youth and young adults along with strategies of how to address and report.

Realize the unique challenges of justice involved youth in receiving healthcare and be provided ideas of how to advocate for quality healthcare provision to this unique population.

Identify steps and processes of a YPAR project along with the importance of youth being involved at all stages.

### Continuing Education Credit

**Medical:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Children's Hospital Colorado and the Rocky Mountain Chapter of the Society for Adolescent Health and Medicine. Children's Hospital Colorado is accredited by the ACCME to provide continuing medical education for physicians.

Children's Hospital Colorado designates this Live Activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Others:** A general certificate of attendance will be provided to all other care providers.

# Registration

Register here:

[ce.childrenscolorado.org](https://ce.childrenscolorado.org)

Register on-line by October 13, 2023.

### Location

The conference will be held on the Anschutz Medical Campus at Children's Hospital Colorado, 13123 East 16th Avenue in Aurora, Colorado 80045. Please enter the hospital at the main entrance and take the elevators to the second floor to the Conference and Education Center. Free parking for conference guests will be available. Parking directions will be sent to registrants within one week of the conference. Employees of Anschutz Medical Campus must park in employee designated parking. Please visit [childrenscolorado.org/directions](https://childrenscolorado.org/directions) for driving directions.

### Registration

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### Registration Fees:

	10/13/2023
RM- SAHM Membership and Conference (New member or renewal)	\$100
Resident/Student (Includes membership)	\$50
VirtuatAt endee	\$75

### Payment Options

Credit card payments accepted online.

### Cancellation Policy

The registration fee is non-refundable however, you may send a substitute (notification is required). The Planning Committee reserves the right to alter the agenda or cancel the conference in the event of an unforeseen circumstance, or if the minimum registration is not attained by October 11, 2024.

### Further Information

For questions or to request arrangements to accommodate a disability, contact Shaun Ayon at [shaun.ayon@childrenscolorado.org](mailto:shaun.ayon@childrenscolorado.org) or 720-777-2700 in advance of the conference.

# AGENDA

- 7:15 AM Continental Breakfast - Live Learners  
2nd Floor Conference Center - Aurora, CO
- 7:45 Attendance Check-In Reminder and Welcome  
Gordon Duvall, President
- 8:00 **Postural Orthostatic Tachycardia Syndrome (POTS)**  
Signs, Symptoms, Diagnosis, and Treatment  
Rachel Workman, MD
- 9:00 **Atypical Anorexia Nervosa**  
Unique approaches to interventions and therapy  
Jennifer Hagman, MD, Kimberly Sheffield, PhD
- 10:00 **Atypical Anorexia Nervosa Panel**  
Jennifer Hagman, MD, Kimberly Sheffield, PhD, Michael  
Spaulding-Barclay, MD Jaime Moore, MD, Ann Reynolds, MD
- 10:30 Break
- 10:45 **Love and Sex on the Spectrum**  
Elizabeth Kinsella, MD, Melissa Magallanes, MD
- 11:45 Lunch - Provided - Live Learners
- 12:30 PM **Young Aspiring Americans for Social and Political Activism**  
Panel Presentation
- 2:00 Break
- 2:15 **Human Trafficking** - Denise Abdo, CPNP-AC/PC
- 3:00 **Updates on doxyPEP, PrEP, and nPEP** - Diane Straub, MD
- 3:45 4:00p Evaluation and Adjourn



**SAVE THE DATE**  
October 24, 2025

## Rocky Mountain Regional Chapter of the Society of Adolescent Health and Medicine (RM-SAHM)

RM-SAHM is the Regional Chapter for Colorado and Wyoming. Founded in 1981, it is a diverse, multidisciplinary group of over 100 registered members. The Mission, Vision, and Core Values of RM-SAHM are those of national SAHM. Meetings are held bi-monthly. RM-SAHM also offers four opportunities for continuing education: two education meetings with a 1.0 hour presentation, one as a full day "Hot Topics in Adolescent Medicine" Conference (October), and one as an annual gathering recognizing the recipient of the Chapter's Kathleen Ann Mullen Award for Outstanding Contributions to the Field of Adolescent Health. The

January meeting functions also as a business meeting to elect the President-Elect and recognize the Chapter's Nominee for the SAHM Regional Chapter President's Award. Officers of the Chapter serve from May 1 to April 30 of the following year. The Chapter dues are \$20/year. RM-SAHM board welcomes all to the board meetings. Please send an email if interested in attending, ([rmsahmcommunications@gmail.com](mailto:rmsahmcommunications@gmail.com)) Benefits of membership and the current Executive Committee are listed on the RM-SAHM website <https://rm-sahm.org/join>. For further membership questions contact: [rmsahmcommunications@gmail.com](mailto:rmsahmcommunications@gmail.com).

## FACULTY

**Denise Abdo, CPNP-AC/PC**

Child Abuse and Neglect

Certified Pediatric Nurse Practitioner, Children's Hospital Colorado

**Jennifer Hagman, MD**

Medical Director, Eating Disorder Program

Child and Adolescent Psychiatry

University of Colorado School of Medicine, Children's Hospital of Colorado

**Elizabeth Kinsella, MD**

Adolescent Medicine Fellow

University of Colorado School of Medicine, Children's Hospital of Colorado

**Melissa Magallanes, MD**

Adolescent Medicine

University of Colorado School of Medicine, Children's Hospital of Colorado

**Jaime Moore, MD**

Clinical Nutrition

University of Colorado School of Medicine, Children's Hospital of Colorado

**Kim Sheffield, PhD**

Associate Professor, University of Colorado School of Medicine

Licensed Clinical Psychologist, Pediatric Mental Health Institute, Children's Hospital Colorado

**Michael Spaulding-Barclay, MD**

Adolescent Medicine

University of Colorado School of Medicine, Children's Hospital Colorado

**Diane M. Straub, M.D., M.P.H.**

Section Head, Adolescent Medicine

Professor of Pediatrics

University of Colorado School of Medicine, Children's Hospital Colorado

**Rachel Workman, MD**

Assistant Professor of Pediatrics, Integrative Medicine, Children's Hospital Colorado

University of Colorado School of Medicine