



LIVE HYBRID ACTIVITY

11th Annual Kali Whittle Resiliency Conference

Friday, August 22, 2025

Children's Hospital Colorado | Anschutz Medical Campus | Medical Conference and Education Center and via Zoom

In-person event with virtual options

50 Vitality Points per Session

Provided by

Children's Hospital Colorado, Kali Whittle Conference Planning Committee



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11th Annual Kali Whittle Resiliency Conference

Overview, Target Audience, and Learner Outcome

Healthcare is fast paced, demanding, continually changing and tightly regulated. This combination of factors creates an environment that may lead to burn out, moral distress, compassion fatigue, secondary trauma, anxiety and decreased personal satisfaction. This conference brings together experts to support team members by creating opportunities and providing tools to find peace and healing in the midst of caring for others. Learners will report increased knowledge of accessibility and availability of resources to support themselves and others after taking part in this event.

Agenda

Friday, August 22, 2025

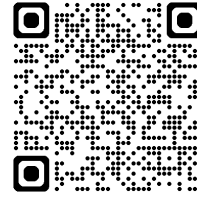
Main Sessions		
Time	Topic/Speaker	Activity Type and Location
8:00 - 8:45 a.m.	Yoga	<i>In-person: Labyrinth at Anschutz Campus</i>
	Guided Walk	<i>In-person: South Campus, North Campus with Pringle</i>
8:50 - 9:00	Welcoming and Greeting	<i>Hybrid: Mt. Oxford and via Zoom</i>
9:00 - 10:00	The Care Revolution: When Healthcare Teams Dance Together	<i>Hybrid: Mt. Oxford and via Zoom</i>
	<i>Tara Rynders, MFA, BSN, RN, BA</i>	
10:10 - 11:00	Don't Panic When There's Panic: Tools for Regulation	<i>Hybrid: Mts. Yale/Princeton and via Zoom</i>
	<i>Kaitlin Vieweg Parker, PsyD</i> Code 4 Counseling	
11:10 - 12:00	Healing Beyond Survival: Post Traumatic Growth in Healthcare	<i>Hybrid: Mts. Yale/Princeton and via Zoom</i>
	<i>Lauren Eckhart, PsyD</i> <i>Evadine Codd, PhD</i> <i>Mary Waguespack, MPS</i>	
12:10 - 1:00 p.m.	Lunchtime Schwartz Rounds	<i>Hybrid: Mts. Yale/Princeton and via Zoom</i>
	Speaker TBD	
Concurrent Sessions		
1:10 - 3:00	Tea in the Milky Way: A Cosmic Care Revolution	<i>In-person: Mts. Yale/Princeton</i> <i>*Space is limited</i>
	<i>Tara Rynders, MFA, BSN, RN, BA</i>	
1:10 - 2:00	Grief Brief	<i>Hybrid: Mt. Columbia and via Zoom</i>
	<i>Sara Reynolds, MDiv, BCC</i> Spiritual Care	
2:10 - 3:00	Perfectionism: A Perfect Problem	<i>Hybrid: Mt. Columbia and via Zoom</i>
	<i>Erika Crowwhite, MA, CCLS</i> Child Life	
Main Session		
3:10 - 4:00	The Roles We Play	<i>Hybrid: Mts. Yale/Princeton and via Zoom</i>
	<i>Ramón Guitart, LPC, RDT</i> Ponzio Creative Arts Therapy Program	
4:00 - 4:15	Wrap up and Evaluation	<i>Hybrid: Mts. Yale/Princeton and via Zoom</i>
4:15	Adjourn	<i>Hybrid: Mts. Yale/Princeton and via Zoom</i>

How to Participate

Registration

Although the activity is free, registration to collect continuing education credit is required.

Register [here](#) or scan the QR code.



In-person Learners

All sessions will be held at Anschutz Medical Campus (AMC) in the Children's Hospital Colorado Medical Conference and Education Center on the 2nd floor.

Main sessions will be livestreamed for in-person participation in the following conference rooms:

- North Campus – Acorn
- South Campus – Tennessee
- Southeast Aurora – Smoky Hill
- Briargate – Louisiana
- Colorado Springs Hospital – 4th Floor Classroom

Virtual Learners

Will be sent Zoom links prior to the event

The concurrent session “Tea in the Milky Way: A Cosmic Care Revolution” with Tara Rynders will be in-person only at AMC. Space for this session is limited.

Continuing Education Credit

Registration, attendance, and completion of an evaluation are required for successful participation and to collect a certificate of attendance. Claim only the hours you participate.

Children's Hospital Colorado is approved with distinction as a provider of nursing continuing professional development by Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program for up to 6.25 contact hours is provided by Children's Hospital Colorado.

After marking attendance, an email will be sent from Children's Hospital Colorado Continuing Education with a link to the course evaluation. The evaluation must be completed by **September 5, 2025**, to collect continuing education credit.

A general certificate of attendance will be available for participants in other roles.

Thank you

Special acknowledgements to:

- Kali Whittle Family
- Kali Whittle Conference Planning Committee

We gratefully acknowledge the generous financial support from the Kali Whittle endowment fund that allows for healthcare providers to learn creative and practical tools to find peace and healing in the midst of caring for others.

We are thankful for the members of the Kali Whittle planning committee and all the event presenters who dedicate their time and talents to support and enhance the physical, mental, emotional and spiritual health of Children's Hospital Colorado team members.

For more information about Team Member Resilience and Well-being, please email resiliency@childrenscolorado.org.