

Modernizing Cleft Care: Dispelling Myth from Data and Post-Operative Care

November 3, 2025

Provided by:

Children's Hospital Colorado
Pediatric Otolaryngology, Cleft Lip & Palate Program



Children's Hospital Colorado



Children's Hospital Colorado



Affiliated with
University of Colorado
Anschutz Medical Campus

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Course Overview

This course explores modern, evidence-based strategies for managing pain and optimizing recovery in patients with cleft lip, cleft palate, and related craniofacial anomalies. Participants will learn to apply current pain management techniques collaboratively and integrate ERAS pre- and post-operative protocols, including nutritional support, to enhance patient outcomes.

Target Audience

The target audience for this course are both Internal faculty members and community physicians, Nurse Practitioners, Physician Assistants, Registered Nurses, Psychologists, Social Workers, Speech Therapists, Occupational Therapists and members of the Orthodontic and Dental Communities.

Educational Objectives

- Identify and apply at least two modern pain management strategies for patients with cleft lip/palate and related craniofacial anomalies, in collaboration with the interdisciplinary care team and patient families.
- Describe the components of ERAS pre-operative protocols and demonstrate how to integrate these protocols into post-operative care plans, including nutritional support, to improve outcomes for patients with cleft lip/palate.

Continuing Education Credit

CME: Children's Hospital Colorado is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Children's Hospital Colorado designates this live activity for a maximum of 3 *AMA PRA Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Attendance: A certificate of attendance will be provided upon completion of this course.

Disclosure to audience

Planners, faculty, and others in control of content (either individually or as a group) have no relevant financial relationships with ineligible companies.



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Agenda

Time	Title	Speaker
9:00-10:30a	<p>Modernizing Cleft Care: Dispelling Myth from Data</p> <p>No-nos: pros and cons- <i>Phuong Nguyen, MD</i></p> <p>Tongue Stitch- <i>Chris Discolo, MD</i></p> <p>Nasal conformers vs. non-conformers- <i>Phuong Nguyen, MD</i></p> <p>Antibiotics- <i>Chris Discolo, MD</i></p>	<i>Phuong Nguyen, MD and Chris Discolo, MD</i>
10:30-10:35	Break	
10:35-10:55	OPIOID Project- American College of Surgeons	<i>Maureen Andrews, MSN, CSN</i>
11:00-11:20	Post op location and multimodal pain control i.e. blocks and adjuncts	<i>Kim Strupp, MD</i>
11:20-11:40	Anticipatory Guidance for Developmental Feeding Progressions and Cup Introduction	<i>Kimberly Korth, OT</i>
11:40-12:00p	Nutrition and Weight Gain: Optimization of timing for surgery and Strategies to improve Nutrition pre and post-surgery	<i>Jessica McGhee, RD</i>
12:05pm	Evaluation and adjourn	



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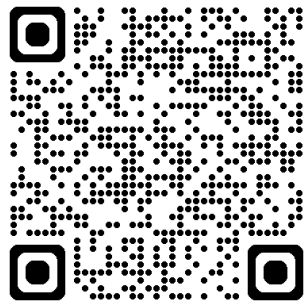
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Instructions to Claim CE Credit

To receive CE credit for this event, you must complete all three steps listed below:

1. Log Your Attendance

- Option 1: Scan the QR code and enter the attendance code **CLEFT**.



- Option 2: Text the attendance code **CLEFT** to 720-790-4423.

→ **Important:** *You must have a mobile phone number confirmed in your CE account for the system to recognize your text.*

2. Complete the Event Evaluation

Once you have logged your attendance, a link to the evaluation will be automatically emailed to the address you registered with.

3. Submit the Total Number of Hours You Attended

After completing the evaluation, you will be asked to report the total number of hours you participated in the event to finalize your CE credit.

*Please note: The last day to complete the evaluation is **December 3, 2025**.*