



CHILDREN'S HOSPITAL COLORADO

# Wyoming Pediatric Mental Health Symposium

**May 13-14, 2026**

May 13<sup>th</sup>: 8:00 a.m. to 3:45 p.m. | May 14<sup>th</sup>: 8:00 a.m. to 2:00 p.m.

**Best Western Downtown Casper** | Jackson Hole Conference Rooms  
123 West E Street, Casper, WY 82601

## Provided by

Children's Hospital Colorado, Pediatric Mental Health Institute and Outreach Education

## Further information

Contact Ray Cuellar at [ray.cuellar@childrenscolorado.org](mailto:ray.cuellar@childrenscolorado.org)



**Children's Hospital Colorado**



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# Wyoming Pediatric Mental Health Symposium

## Overview and Target Audience

This symposium is designed for mental health, school, and healthcare professionals seeking to deepen their expertise in pediatric mental health. Sessions will address topics relevant across a variety of practice settings, including counseling and crisis centers, schools, hospitals, primary care practices, and outpatient services. Participants will receive clinical updates and engage in discussions on current, evidence-informed issues impacting the care of pediatric patients with mental health needs.

## Learner Outcome

After attending this education, learners will report new knowledge and intent to change practice to provide current, evidence-based mental health care to pediatric patients.

## Agenda

### Wednesday, May 13, 2026

- 7:30 a.m. Check-in and breakfast
- 8:00 **Welcome and Opening Remarks**  
Michele Lueck, MA
- 8:30 **Identifying Common Mental Health Concerns in Youth**  
Jessica Hawks, PhD
- 9:15 **Assessment and Treatment of Depression in Pediatric Primary Care**  
Sandra L. Fritsch, MD, MEd, DFAACAP
- 10:00 Break
- 10:15 **Multidisciplinary Solutions for School Attendance**  
Lauren Henry, PhD, LP, NCSP
- 11:00 **Evidence-Based Practices for the Assessment and Treatment of ADHD and Disruptive Behavior**  
Jessica Hawks, PhD
- 11:45 Lunch – provided
- 12:30 p.m. **Collaborative Care**  
Justin Romano, MD
- 1:30 **Assessment and Treatment of Mental Health Comorbidities in Pediatric Medical Conditions**  
Morgan Drake, PhD
- 2:15 Break
- 2:30 **Breakouts**
- A. School Breakout**  
Lauren Henry, PhD, LP, NCSP  
Michele Lueck, MA
- B. Hospital Breakout**  
Sandra L. Fritsch, MD, MEd, DFAACAP  
Nicki Shonka, MS, RN, NPD-BC, CPN
- C. Outpatient / Primary Care Providers Breakout**  
Jessica Hawks, PhD  
Morgan Drake, PhD
- 3:30 **Closing Comments and Evaluation**
- 3:45 Adjourn

## Thursday, May 14, 2026

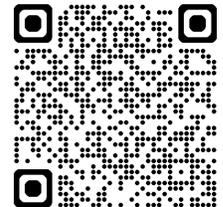
- 7:30 a.m. Check-in and Breakfast
- 8:00 **Welcome and Connection Activity**
- 8:30 **Supporting Youth Emotional Well-Being and Resiliency: The Critical Role of Parents and Trusted Adults**  
Jessica Hawks, PhD
- 9:15 **Putting Evidence Into Practice: Approaches for Pediatric Anxiety and Trauma Related Disorders**  
Sandra L. Fritsch, MD, MEd, DFAACAP
- 10:00 Break
- 10:15 **Suicidal Indicators in Pediatric Patients: Strategies for Identifying and Managing Suicide Risk**  
Amanda DeDiego, PhD, LPC, ART, NCC, BC-TMH, ACS
- 11:00 **Promoting Mental Wellness in Digitally Connected Kids**  
Lauren Henry, PhD, LP, NCSP
- 11:45 Lunch – provided
- 12:30 p.m. **Crisis Response Breakout**  
Children’s Hospital Colorado Faculty
- 1:00 **Meeting Kids Where They Are: Trauma-Informed Approaches for Child Serving Professionals**  
Morgan Drake, PhD
- 1:45 **Closing Remarks and Evaluation**
- 2:00 Adjourn

## Registration

**Registration fee:** no cost

Thanks to the generosity of Stephen Kneller in honor of Mary Lynne Kneller, this educational activity is being provided at no cost to professional clinicians in Wyoming.

Although there is no registration fee, registration is still required. **Register [here](#) or scan the QR code.**



## Cancellation Policy

Children’s Hospital Colorado reserves the right to modify the agenda or cancel the activity due to unforeseen circumstances or if minimum registration is not met by April 29, 2026.

## Continuing Education Credits

**Registration, attendance, sign-in and submission of the evaluation, including a written response to questions related to any change in practice that you may make as a result of learning that took place at this activity, are required for successful completion and receipt of the certificate of attendance. Claim only those hours you attend.**

**Nursing:** Children’s Hospital Colorado is approved with distinction as a provider of nursing continuing professional development by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. This educational activity for 10.25 nursing contact hours is provided by Children’s Hospital Colorado.

**Other:** A general certificate of attendance will be available.

## Financial Disclosure

Planners, faculty, and others in control of content (either individually or as a group) have no relevant financial relationships with ineligible companies.

## Additional Information

For additional information, please contact Ray Cuellar at [ray.cuellar@childrenscolorado.org](mailto:ray.cuellar@childrenscolorado.org). If you require special assistance or accommodations to fully participate, please notify us at least four weeks in advance of the activity.

## Faculty and Planning Committee

### **Ray Cuellar**

Operations Coordinator, Professional Development  
Children's Hospital Colorado

### **Amanda DeDiego, PhD, LPC, ART, NCC, BC-TMH, ACS**

Interim Dean, UW Casper  
Associate Professor, Counseling  
University of Wyoming

### **Katie Denman, MBA**

Vice President, Pediatric Mental Health Service Line  
Children's Hospital Colorado

### **Morgan Drake, PhD**

Assistant Professor of Psychiatry  
Division of Child and Adolescent Mental Health  
University of Colorado School of Medicine  
Pediatric Psychologist  
Children's Hospital Colorado

### **Sandra L. Fritsch, MD, MSEd, DFAACAP**

Professor of Psychiatry  
University of Colorado School of Medicine  
Medical Director, Pediatric Mental Health Institute  
Children's Hospital Colorado  
Medical Director  
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Program (CoPPCAP)

### **Jessica Hawks, PhD**

Associate Professor, Dept of Psychiatry  
University of Colorado School of Medicine  
Dale and Cindy Francescon Family Endowed Chair for  
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### **Natalie Hazemi, MBA**

Program Manager, Pediatric Mental Health Institute  
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### **Lauren Henry, PhD, LP, NCSP**

Assistant Professor  
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Licensed Child Psychologist  
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### **Jennifer Knotts**

Vice President Partnerships and Business Development  
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### **Rachel Suarez LeBeau**

Advancement Director  
Cathedral Home

### **Michele Lueck, MA**

Senior Clinical Instructor  
University of Colorado School of Medicine  
Executive Director, Pediatric Mental Health Institute  
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### **Abby Redden, BSN, RNC, C-EFM**

Associate Director Women and Infant Services and  
Pediatrics  
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### **Kelly Reichert, MS, RN, CCRN, NPD-BC**

Professional Development Specialist, Outreach Education  
Children's Hospital Colorado

### **Justin Romano, MD**

Pediatric Psychiatrist  
Cheyenne Children's Clinic

### **Morgan Seiler**

Senior Physicians Relations Representative, Mental Health  
Children's Hospital Colorado

### **Nicki Shonka, MS, RN, NPD-BC, CPN**

Clinical Education Outreach Program Director  
Children's Hospital Colorado

### **Donny Valentine, RN, BSN**

Registered Nurse Operations Support Specialist,  
Emergency Department  
Banner Health Wyoming Medical Center