



PEÑA COURSE

The 70th Workshop for the Surgical Treatment of Anorectal Malformations and Hirschsprung Disease in Children

April 27 – 30, 2026

Hosted in person

Provided by

International Center for Colorectal and Urogenital Care

Children's Hospital Colorado

Anschutz Medical Campus

13123 East 16th Avenue

Aurora, Colorado 80045



Children's Hospital Colorado



Anschutz

Overview

This course is designed for pediatric surgeons, urologists, gynecologists and gastroenterologists, as well as advanced practice providers and pediatric nurses managing patients with colorectal and urogenital conditions.

This course will show previously recorded and/or live video operative demonstrations, what we believe are the most important surgical/technical maneuvers to be performed during the repair of anorectal malformations and Hirschsprung disease.

Learner outcome

Participants will report increased knowledge of pertinent clinical conditions of pediatric patients with anorectal malformation and Hirschsprung disease.

Objectives

- Review the principles of diagnosis and management of anorectal malformations
- Describe the diagnosis of Hirschsprung disease and idiopathic constipation and the difference in their management
- Explain the principles of treatment of Hirschsprung disease and related disorders
- Discuss the challenges of short- and long-term postoperative care
- Recognize indications for reoperative surgery
- Discuss management of associated urologic and gynecologic problems
- Review the comprehensive management approach to cloacal exstrophy
- Outline the use of the posterior sagittal approach for a variety of conditions
- Learn how to do bowel management for constipation and fecal incontinence

This four-day intensive teaching course will examine the surgical treatment and management of pediatric colorectal and urogenital surgical problems, including:

- Surgical demonstrations and discussion with faculty experts
- Methods of evaluation of surgical techniques
- Anorectal malformations
- Cloacal malformations
- Cloacal exstrophy
- Prognosis of these deformities
- Hirschsprung disease
- Idiopathic constipation
- Fecal incontinence

Continuing education credits

Medical: Children's Colorado is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Children's Colorado designates this live activity for a maximum of 29 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing: Children's Colorado is approved with distinction as a provider of nursing continuing professional development by Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This education activity for 27 nursing contact hours is provided by Children's Colorado.

Other: A general certificate of attendance will be provided for all other healthcare providers.

Registration fees: Important instructions for learners

Registration and payment are required to confirm participation in the Live Course by April 7.

See detailed cancellation policy below before registering.

[Register here](#)

Early registration – before January 1, 2026	
Physician	\$1,000
Surgical Fellows/Residents	\$850
Advanced Practice Providers	\$400
Nurses/Medical Students	\$250
Others	\$500

Late registration – after January 1, 2026	
Physician	\$1,200
Surgical Fellows/Residents	\$1,050
Advanced Practice Providers	\$550
Nurses/Medical Students	\$300
Others	\$650

Additional late fees apply per registrant type from \$150-250 after April 1. Register early!

Cancellation policy: Online refunds may be processed through March 15, 2026 minus a \$150 cancellation fee. After this date no refunds will be granted for non-attendance. Substitutions are permitted prior to the conference without any penalty. Substitutions made on-site at the conference will be subject to a \$50 change fee.

Our Continuing Education home: ce.childrenscolorado.org

If you have any questions or need to request arrangements to accommodate a disability, please contact us at 720-777-9880 or colorectal@childrenscolorado.org

Agenda

Day One

Monday, April 27, 2026

**Mountain Standard Time*

- 7:30 a.m. **Sign in and breakfast**
- 8:00 a.m. **Welcome and opening remarks**
Alberto Peña, MD, FACS, FAAP, FRCS
- 8:15 a.m. **Patient testimony**
- 8:30 a.m. **Case review and live operation**
- 11:15 a.m. **Reconstructing Anatomy. Shaping futures.**
Guest Speaker: Pernilla Stenstrom, MD
- Noon **Lunch**
- 12:45 p.m. **Management of ARM in males**
Alberto Peña, MD, FACS, FAAP, FRCS
- 2:45 p.m. **Break**
- 3:00 p.m. **Management of recto-perineal and
vestibular fistulas in females**
Andrea Bischoff, MD
- 4:00 p.m. **Management of newborn in ARM**
Luis De la Torre, MD, FAAP
- 5:00 p.m. **Adjourn**

Day Two

Tuesday, April 28, 2026

**Mountain Standard Time*

- 8:00 a.m. **Patient testimony**
- 8:15 a.m. **Case review and live operation**
- 11:00 a.m. **Management of cloaca and cloacal exstrophy**
Alberto Peña, MD, FACS, FAAP, FRCS
- 12:30 p.m. **Lunch and photographs**
- 1:30 p.m. **Pre and post operative concerns**
Andrea Bischoff, MD
- 2:15 p.m. **Bowel management for constipation**
Luis De la Torre, MD, FAAP
- 3:10 p.m. **Break**
- 3:30 p.m. **Bowel management for fecal incontinence**
Andrea Bischoff, MD
- 4:30 p.m. **Addressing mental health concerns**
Laura Judd-Glossy, PhD and Kristina Matkins, LCSW
- 5:15 p.m. **Adjourn**

Day Three

Wednesday, April 29, 2026

*Mountain Standard Time

Physician Course

8:00 a.m.	Patient testimony
8:15 a.m.	Case review and live operation
11:00 a.m.	Reoperations in ARM <i>Alberto Peña, MD, FACS, FAAP, FRCS</i>
Noon	Lunch
1:00 p.m.	Radiology in ARM and HD <i>Kari Hayes, MD</i>
	Prenatal diagnosis in ARM
1:40 p.m.	<i>Mariana Meyers, MD</i>
	The newborn with HD – presentation and diagnosis
2:00 p.m.	<i>Luis De la Torre, MD, FAAP</i>
	Break
2:45 p.m.	HD – surgical management and pitfalls
3:00 p.m.	<i>Luis De la Torre, MD, FAAP</i>
	Histopathology - suction rectal biopsy
4:00 p.m.	<i>Mark Lovell, MD</i>
	HSCR Frozen Section and Specimen Handling
4:30 p.m.	<i>Michael Arnold, MD, PhD</i>
	Adjourn
5:00 p.m.	

APP/RN Breakout Session

7:30 a.m.	Sign in and breakfast
8:00 a.m.	Patient testimony
8:15 a.m.	Welcome to the APP/RN room
8:30 a.m.	ARM review <i>Betsy Dunbar, PA-C</i>
9:00 a.m.	Hirschsprung's disease <i>Annie Merritt, RN</i>
10:00 a.m.	Break
10:15 a.m.	Inpatient cares: APP/RN focus <i>Hannah Martin, PA-C</i>
11:30 a.m.	Skills practice (Enemas/Irrigations) <i>Amy Krause, RN</i>
Noon	Lunch
1:00 p.m.	Bowel Management <i>Betsy Dunbar, PA-C</i>
2:00 p.m.	Malone <i>Annie Merritt, RN</i>
2:30 p.m.	Wound/Ostomy care <i>Kimberly Eisenbarth, RN, Kari Price, MSN RN</i>
3:15 p.m.	Holistic considerations <i>Amy Krause, RN</i>
4:00 p.m.	Adjourn

Day Four

Thursday, April 30, 2026

**Mountain Standard Time*

- 7:30 a.m. **Sign in and breakfast**
- 7:45 a.m. **Transition of care**
Dan Wood, MD, PhD, MBBS
- 8:30 a.m. **Gynecology considerations in ARM during infancy and Childhood**
Veronica I. Alaniz, MD
- 9:10 a.m. **Puberty and management of menstrual obstruction**
Patricia Huguelet, MD
- 9:40 a.m. **Management of vaginal stenosis**
Veronica I. Alaniz, MD
- 10:10 a.m. **Break**
- 10:25 a.m. **Sexual health and fertility in ARM**
Lauryn Roth, MD
- 10:55 a.m. **Pelvic pain management**
Stephen Scott, MD
- 11:25 a.m. **Pregnancy considerations in ARM**
Shannon Leigh Son, MD
- Noon **Lunch**
- 1:00 p.m. **Urology in ARM**
Duncan T. Wilcox, MD, MBBS
- 2:00 p.m. **Final questions/Adjourn**
Andrea Bischoff, MD and Luis De la Torre MD, FAAP

Faculty

Veronica Alaniz, MD

Pediatric and Adolescent Gynecology, Children's Hospital Colorado
Associate Professor Department of Obstetrics and Gynecology,
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Michael Arnold, MD, PhD

Vice Chair Pediatric Anatomic Pathology
Medical Director Pediatric Anatomic Pathology
Chair of Pathology, Lucile Packard Children's Hospital Stanford
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Director, International Center for Colorectal and Urogenital Care Ponzio
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Physician Assistant, International Center for Colorectal and Urogenital
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Kimberly Eisenbarth, RN, BSN, CWON

Wound/Ostomy/Continence Team, Children's Hospital Colorado

Kari Hayes, MD

Director Pediatric Radiology Fluoroscopy, Children's Hospital Colorado
Professor of Pediatric Radiology, University of Colorado

Patricia Huguelet, MD

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Laura Judd-Glossy, PhD

Licensed Clinical Psychologist, International Center for Colorectal and
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Amy Krause, BSN, RN, CPN

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Clinical Social Worker, Children's Hospital Colorado

Annie Merritt, BSN, RN, CPN, AMB-BC

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Founder, International Center for Colorectal and Urogenital Care,
Children's Hospital Colorado
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Pernilla Stenström, MD, PhD

Professor of Pediatric Surgery
Senior Consultant, Pediatric Surgery and Pediatric Colorectal Disease
Deputy Head of Department of Clinical Sciences and Head of Clinical-
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Stephen Scott, MD

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Shannon Leigh Son, MD

Associate Program Director of the Obstetrics and Gynecology Residency
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Assistant Professor of Maternal-Fetal Medicine, University of Colorado

Duncan Wilcox, MD, MBBS

Professor, Department of Surgery, University of Colorado
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Surgeon-in-chief, The Ponzio Family Chair in Pediatric Urology,
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Surgeon-in-Chief, Director, Center for Children's Surgery,
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Professor, University of Colorado

Dan Wood, PhD, MB.BS, FRCS Urol

Adolescent and Reconstructive Urologist, Children's Hospital Colorado
Chief of Adult Congenital Surgery and Associate Vice Chair for Transition,
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Associate Program Director, Urology, and Professor of Urology,
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