HOT TOPICS IN ADOLESCENT HEALTH

Annual Conference 2026: Supporting Adolescents in Today's Social and Political Climate

October 30, 2026

Jointly provided by

The Rocky Mountain Chapter of the Society for Adolescent Health and Medicine

RM-SAHM
ROCKY MOUNTAIN REGIONAL CHAPTER
SOCIETY FOR ADOLESCENT HEALTH AND MEDICINE

Children's Hospital Colorado

Affiliated with
University of Colorado
Anschutz Medical Campus

Overview and Target Audience

This cutting-edge information will enhance knowledge, skills and performance of providers involved in physical, social and behavioral health aspects of care in adolescents and young adults.

The increased knowledge and skills will help attendees better advocate for youth in all domains of health and well-being.

Physicians, Advanced Practice Providers, Nursing and interdisciplinary community health providers.

Objectives

Recognize emerging trends and health risks affecting adolescents and apply evidence-based strategies to address substance use, mental health concerns, reproductive health needs, vaccine hesitancy, obesity treatment, and the impact of technology on youth.

Identify the clinical, psychological, and social consequences of high-potency marijuana use in adolescents and implement appropriate screening, counseling, and intervention approaches across care settings.

Integrate suicide prevention best practices into routine clinical care, including risk identification, safety planning, referral pathways, and multidisciplinary collaboration to support vulnerable youth.

Apply evidence-based approaches to screening, counseling, treatment, and referral for common adolescent health challenges.

Recognize the impact of public policy, technology, and social determinants on youth health outcomes.

Continuing Education Credit

Medical: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Children's Hospital Colorado and the Rocky Mountain Chapter of the Society for Adolescent Health and Medicine. Children's Hospital Colorado is accredited by the ACCME to provide continuing medical education for physicians.

Children's Hospital Colorado designates this Live Activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Others: A general certificate of attendance will be provided to all other care providers.

Registration

Register on-line by October 16, 2026.

Location

The conference will be held on the Anschutz Medical Campus at Children's Hospital Colorado, 13123 East 16th Avenue in Aurora, Colorado 80045. Free parking for conference guests is located in Visitor Parking Lot 10, located off Victor Street. Entrance on located on the east side . Proceed to the hospital main entrance for prescreening. Take the elevators to the second floor to the Conference and Education Center. Employees of Anschutz Medical Campus must park in employee designated parking. Visit childrenscolorado.org/directions for driving directions.

Registration

Register on-line by October 16, 2026

Registration Fees:

	10/30/2026
RM- SAHM Membership and Conference *(New member or renewal) - Live or Virtual*	$100
Resident/Student *(Includes membership)*	$50

Payment Options

Credit card payments accepted on-line.

Cancellation Policy

The registration fee is non-refundable however, you may send a substitute (notification is required). The Planning Committee reserves the right to alter the agenda or cancel the conference in the event of an unforeseen circumstance, or if the minimum registration is not attained by October 16, 2026.

Further Information

For questions or to request arrangements to accommodate a disability, contact Shaun Ayon at shaun.ayon@childrenscolorado.org or 720-777-2700 in advance of the conference.

AGENDA

7:15 AM	Continental Breakfast - Live Learners 2nd Floor Conference Center - Aurora, CO
7:45	Attendance Check-In Reminder Welcome Gordon Duvall, President
8:00	**High Potency Marijuana, Hyperemesis, Psychosis** Christian Thurstone, MD
9:00	**Suicide Prevention in Primary Care** Brian Pitts, MD
10:00	Break
10:15	**AI in Life of Teens: Screen Time Impact** Michael Rich, MD
11:30	**Prevent What's Preventable:** **Ensuring Access to Adolescent Vaccines** - Heather Roth
12:15 PM	Lunch - (provided) Live Learners
1:00	**Contraceptive Updates** – Molly Richards, MD
2:00	**Legislative Updates Impacting Youth** - Ellen Stern
2:45	Break
3:00	**GLP-1 Use in Adolescents: Hope, Hype, & Hard Questions** Jamie Moore, MD
4:00-4:15p	Evaluation and Adjourn

SAVE THE DATE
October 22,2027

Rocky Mountain Regional Chapter of the Society of Adolescent Health and Medicine (RM-SAHM)

RM-SAHM is the Regional Chapter for Colorado and Wyoming. Founded in 1981, it is a diverse, multidisciplinary group of over 100 registered members. The Mission, Vision, and Core Values of RM-SAHM are those of national SAHM. Meetings are held bi-monthly. RM-SAHM also offers four opportunities for continuing education: two education meetings with a 1.0 hour presentation, one as a full day "Hot Topics in Adolescent Medicine" Conference (October), and one as an annual gathering recognizing the recipient of the Chapter's Kathleen Ann Mullen Award for Outstanding Contributions to the Field of Adolescent Health. The January meeting functions also as a business meeting to elect the President-Elect and recognize the Chapter's Nominee for the SAHM Regional Chapter President's Award. Officers of the Chapter serve from May 1 to April 30 of the following year. The Chapter dues are $20/year. RM-SAHM board welcomes all to the board meetings. Please send an email if interested in attending, (rmsahmcommunications@gmail.com) Benefits of membership and the current Executive Committee are listed on the RM-SAHM website https://rm-sahm.org/join. For further membership questions contact: rmsahmcommunications@gmail.com.

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Committee* and Faculty

Gordon Duvall, DNP, RN, PNP*
President, Rocky Mountain Chapter of the Society for
Adolescent Health and Medicine
CDPHE Mobile Public Health Clinic Lead, Colorado

Jaime Moore, MD
Clinical Nutrition
University of Colorado School of Medicine, Children's Hospital of Colorado

Brian Pitts, MD
Adolescent Medicine
University of Colorado School of Medicine, Children's Hospital of Colorado

Michael Rich, MD MPH
Founder & Director - Digital Wellness Lab at Boston Children's Hospital
Founder & Co-Director - Clinic for Interactive Media and Internet Disorders
(CIMAID) Pediatrician, Adolescent Medicine, Boston Children's Hospital
Associate Professor of Pediatrics, Harvard Medical School
Author – The Mediatrician's Guide

Molly Richards, MD
Adolescent Medicine
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Professor of Psychiatry, University of Colorado School of Medicine