

15TH ANNUAL

Updates in Pediatric Clinical Nutrition Conference

November 6, 2026

In person and virtual conference

Children's Hospital Colorado
Anschutz Medical Campus
2nd floor, Conference and Education Center

Provided by:
Children's Hospital Colorado, Department of Clinical Nutrition

Children's Hospital Colorado

Affiliated with
University of Colorado
Anschutz Medical Campus

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15th Annual Updates in Pediatric Clinical Nutrition Conference

Overview and Target Audience

This conference is intended to present the most current research and application for clinical nutrition practice areas for the care of infants and children and will be of interest to staff at Children's Hospital Colorado, community physicians, nurses, dietitians and other multidisciplinary healthcare providers.

Objectives

Following the presentations, attendees should be able to:

- Describe the purpose and development of the Dietary Guidelines for Americans (DGAs). Summarize key historical milestones in the development of dietary guidelines. Explain how the DGAs influence pediatric nutrition policy and practice.
- Define key concepts related to Food as Medicine (FAM) and food insecurity (FI), including the relationship between nutrition, health outcomes, and social determinants of health. Describe current national and state trends in Food as Medicine and food insecurity.
- Describe emerging trends in infant formula and human milk products. Evaluate the available evidence on safety, nutritional composition, growth, and tolerance. Compare freeze-dried human milk with non-freeze-dried human milk.
- Understand the pathophysiology of refeeding syndrome. Evaluate children and adolescents in the outpatient setting for refeeding syndrome risk.
- Review nutritional aspects of bone mineralization. Discuss vitamin D optimization and supplementation. Highlight common myths/pitfalls in supplements
- Summarize current evidence supporting the developmental origins of pediatric MASLD. Identify critical developmental windows during which maternal and early-life factors influence offspring metabolic health.

Continuing Education Credit

Upon completion of the evaluation, a certificate of attendance will be provided.

Medical: Children's Hospital Colorado is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Children's Hospital Colorado designates this activity for a maximum of 6 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dietitians and DTR's: This conference will provide 6 continuing professional education units (CPE) for RDN's and DTR's.

Location and Parking

This conference will be held on the Anschutz Medical Campus at the Children's Hospital Colorado, 13123 E 16th Ave, Aurora, Colorado 80045. Arrive early to allow for pre-screening. Please enter the hospital at the main entrance and take the elevators to the Conference and Education Center on the second floor.

Free parking for conference guests is available in **Lot #10 Visitor Parking** located on Victor Street, just east of the hospital's main entrance. Employees must park in their designated parking areas. **Directions and Parking**

Registration Fees

Visit our website to register online: **Register Here**
Conference Fees: $120
Full time students/Fellows/Residents/Interns: $60
*Registration fee includes breakfast and lunch for in-person attendees

Conference Handouts

As provided, handouts will be emailed out to each registered participant after the conference.

Exhibit Hall

Our exhibit information will be available for in-person attendees. While participation is optional, we encourage attendees to meet with our generous exhibitors.

Further Information

The Planning Committee reserves the right to alter the agenda or cancel the conference in the event of an

unforeseen circumstance, or if the minimum registration is not attained by October 23, 2026 with a full refund to participants.

A registration refund, minus a $20.00 cancellation fee, will be issued if the cancellation request is received at least 14 calendar days prior to the activity date. No refunds will be granted after this deadline or for non-attendance. However, a substitute may attend in your place if you notify the conference coordinator at least three days before the activity.

All cancellations must be received in writing at ce@childrenscolorado.org

A few days prior to the conference, virtual attendees will receive an email that will include instructions for signing in virtually the morning of the conference, and how to join the conference online.

If you need additional information, please contact Haley Baumgartner at Haley.Baumgartner@childrenscolorado.org or 720-777-4314 at least one week in advance of the conference.

For CE support, contact Shaun Ayon at 720-777-2700 or shaun.ayon@childrenscolorado.org

Agenda

November 6, 2026

7:30-8:00	**Registration and *Breakfast**
8:00-8:15	**Welcome and Introductions**
8:15-9:15	Lyn Stevenson Introduction to Keynote Presentation: The US Dietary Guidelines: History, Current Guidelines, Strengths/Weaknesses, and the Support Needed for the Pediatric Population *Douglas Taren PhD.*
9:15-9:45	**Break/Exhibit Hall**
9:45-10:45	**Food As Medicine and Food Insecurity** *Eve M. Kutchman, M.Ed.*
10:45-11:45	**Infant Feeding Trends** *Kelsey Berthusen, MS, RD, CNSC* *Jessica Savage, MS, RDN*
11:45-12:30	***Lunch Break/Exhibit Hall**
12:30-12:45	**Afternoon Welcome**
12:45-1:45	**Refeeding Evaluation and Management in the Outpatient Setting** *Stephanie Gilley, MD, PhD, FAAS*
1:45-2:00	**Break/Exhibit Hall**
2:00-3:00	**Pediatric Bone Health and Vitamin D** *Shelley Brandstetter, DMP, CPNP-PC* *Caitlin Cacioppo, MS, RD, CSP*
3:00-4:00	The Maternal and Early-life Origins of Childhood Liver Disease: A Stem Cell Modeling Approach *Anthony Wang, MD, PhD*
4:00-4:15	**Wrap up/Evaluations/Adjourn**
Total time:	**6 hours in sessions, 15 minutes for formal evaluation**

***Breakfast and lunch are included for in-person attendees**

Speaker List

Shelley Brandstetter, DMP, CPNP-PC
Certified Pediatric Nurse Practitioner
Children's Hospital Colorado

Caitlin Cacioppo, MS, RDN, CSP
Clinical Dietitian
Children's Hospital Colorado

Stephanie Gilley, MD, PhD, FAAP
Assistant Professor, Pediatrics-Nutrition
University of Colorado School of Medicine

Eve Kutchman, M.Ed.
Prevention and Education Outreach Manager
Children's Hospital Colorado

Kelsey Berthusen, MS, RD, CNSC
Clinical Dietitian
Children's Hospital Colorado

Jessica Savage, MS, RDN
Clinical Dietitian
Children's Hospital Colorado

Douglas Taren, PhD
Professor, Pediatric Nutrition
University of Colorado School of Medicine

Anthony Wang, MD, PhD
Assistant Professor, Pediatrics-Nutrition
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