ACCREDITED continuing education

**Target Audience**

Physicians, Nurses, Allied Healthcare professionals.

**Accreditation Statement**

Children’s Hospital Colorado is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Credit Designation**

Children’s Hospital Colorado designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)* ™.

Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Contact**

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OBESITY LECTURE SERIES PRESENTS:

***Nutrition and Lifestyle Considerations in Transgender Youth***

**Presented by:**

**Natalie Nokoff, MD, MSCS & Mary Kuester, RD**

**Assistant Professor Clinical Dietitian II**

**Pediatric Endocrinology TRUE Center**

**University of Colorado School of Medicine Children’s Hospital Colorado**

**Children’s Hospital Colorado**

**Date: February 8th, 12:00pm-1:00pm**

**Location: Live presentation via Zoom** <https://ucdenver.zoom.us/j/98010583349>

**Upon Completion, participants should be able to:**

1. **Discuss medical interventions for transgender and gender diverse youth**
2. **Describe how these interventions may impact weight, BMI, and metabolic syndrome features**
3. **Recognize unique nutritional considerations for transgender youth, including risk of disordered eating**

**Disclosures**

**Presenter**, Natalie Nokoff, MD, has disclosed being a consultant and research conductor for Neurocrine Biosciences.

**Planning Committee:** Megan Kelsey, MD, has disclosed Research/PI, indirect salary support for Boehringer Ingelheim, Janssen, Rhythm.

All other planners, faculty, and others in control of content (either individually or as a group) have no relevant financial relationships with ineligible companies.

**All the relevant financial relationships listed have been mitigated.**

**\*\*SEE NEXT PAGE FOR NEW ATTENDANCE PROCESS\*\***

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| **New! Self-Report Attendance and Evaluation required for crediting.**  **Please check in at least 30 minutes prior to the start time, or within 5 days after the session.**  **Today’s Session Code is: RUYJES**  Dear Obesity Lecture Series Participants,  Learners must self-report attendance to participate with one of the following methods:  1. SMS Mobile: Text the weekly session code to 720-790-4423. Report attendance thirty minutes before or after the session.  2. Computer Desktop: Enter respective session code Desktop Code Check-In - [https://ce.childrenscolorado.org/code](https://nam10.safelinks.protection.outlook.com/?url=https%3A%2F%2Fce.childrenscolorado.org%2Fcode&data=04%7C01%7CMonica.Davis%40childrenscolorado.org%7C72666e59774c4ce0167508d8eef021f4%7Caf8d3786f13d43d5b752d893b9462e87%7C0%7C0%7C637522063317921130%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=%2BWrbk14ku8bOgAWSAEeOTDwKLi91rxaGbSQ7pdp48RE%3D&reserved=0)  Completion of the evaluation is required. Please support our speaker(s) and the accreditation requirement by evaluating the  Session within 5 days. Professional credit will be awarded.  Thank you for your feedback as you participate in the Obesity Lecture Series. |
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