

Documentation

New Provider Training - CARE
Network Conference 2022

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Purpose of Documentation



Assessment for
current needs



Making a plan for
ongoing care



Referral to another
provider



Insurance
requirements

Content of Documentation



ENOUGH DETAIL TO
EFFECTIVELY CAPTURE
RESPONSES



ATTENTION TO
CONFIDENTIALITY AND
PRIVACY



STRENGTHS-BASED
LANGUAGE

Balancing Clarity & Brevity

“Client scored high on depression symptoms”

“Client endorsed several symptoms of depression including: anhedonia, decreased appetite, sleep disturbance, and negative self-talk”

“Client endorsed 4 symptoms of depression at clinical levels indicating moderate depression. Symptoms included: anhedonia, decreased appetite, sleep disturbance, and negative self-talk. They experience all symptoms daily without reprieve.”

Confidentiality

What details are necessary to document the encounter?

What details can be effectively left out?

Role of safety in these decisions.

Safety Considerations

If there are safety concerns - documentation is critical!!



Note the steps taken to assess concerns.



Document the safety plan.



Note any next steps / follow-up.

CARE Assessment - Biopsychosocial

Prior child welfare involvement for family

- When?
- What were the concerns?
- How was it resolved?

Domestic violence

- When?
- Was the child(ren) present / witness?
- Details if known

CARE Assessment - Biopsychosocial

Caregiver substance abuse

- When? Is it still occurring?
- What substances?
- Are children present / exposed to use?

In utero substance exposure

- When during gestation (what trimester)?
- What substances?

CARE Assessment - Biopsychosocial

In utero trauma

- When during the pregnancy?
- What type of trauma?
- Was additional care needed / received for baby and/or Mom?

Caregiver mental health issues that impact child

- What are the mental health concerns for caregiver? Are they receiving treatment?
- What impacts are being noted for child?

CARE Assessment – Summary of Assessment

- + Note areas with no concerns: During the assessment, clinician noted no concerns in the following areas: _____”
- + Note areas with concerns and state what the identified concerns were: “Therapist noted concerns in multiple areas as noted below. Regarding sexualized behaviors, patient demonstrates age-inappropriate knowledge of sexual contact demonstrated through solo play and per guardian report in conversation.”

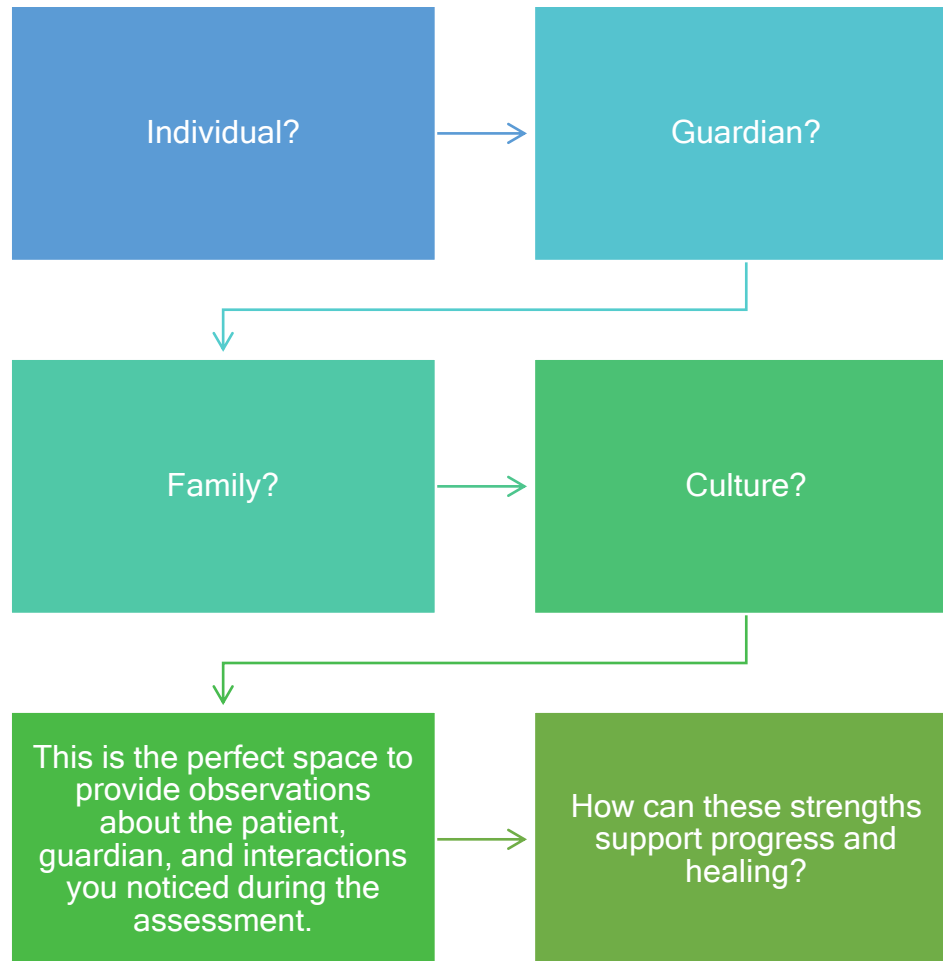
CARE Assessment – Summary of Recommendations Made



Note recommendations and why you are encouraging that service / next step.



Contemplate how you can clarify your thought process to someone who did not witness the assessment



CARE Assessment - Strengths

Strengths Based Language

- + Word choice is important in how we describe our patients, their behaviors, and their needs.
- + It primes subsequent readers for responses and can impact care.

Deficits-Based	Strengths-Based
Addict	Person with a substance use disorder
Frequent Flyer	Utilizes services and supports when necessary
Hostile, Aggressive	Protective
Helpless/Hopeless	Unaware of capabilities/opportunities
Mentally ill	Person with a mental illness
Lazy	Ambivalent, Working to build hope
Manipulative	Resourceful
Unfit parent	Person experiencing barriers to successful parenting
Resistant	Chooses not to, Isn't ready for, Not open to
Suffering with	Working to recover from; experiencing; living with
Abuses the system	Good self-advocate
Weaknesses	Barriers to change or needs

Strengths Based Language – What can you substitute?

- + ‘gamey’
- + ‘attention seeking’
- + ‘aggressive’
- + ‘dismissive’
- + ‘non-compliant’
- + ‘disabled’
- + ‘disruptive’
- + ‘disrespectful’
- + ...other words we need to replace...

CARE Assessment – Anything else you want us to know?

This is a great spot to address any barriers that might have come up during the assessment.

What struggles might the family / patient be facing?

What experiences have they had with healthcare or mental health support in the past?

Is there something particularly important to be aware of (language, culture, identities)?

Questions???

- + What thoughts / concerns do you have about completing assessments?
- + What questions do you have about what is required in documentation for the CARE Network?

