

ENHANCED RECOVERY AFTER SURGERY

PEDIATRICS

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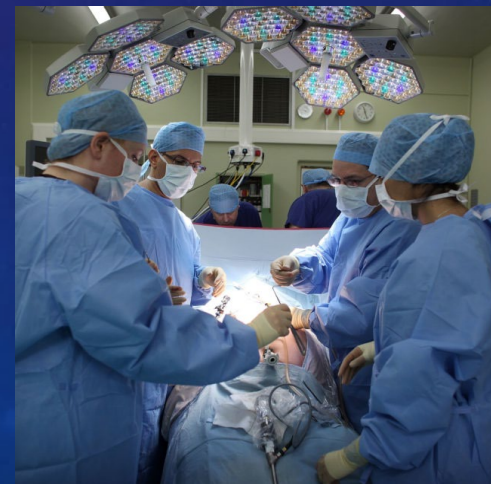
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"We are quickly approaching the time in which we must drop the E from ERAS"

- Dr. Henrik Kehlet



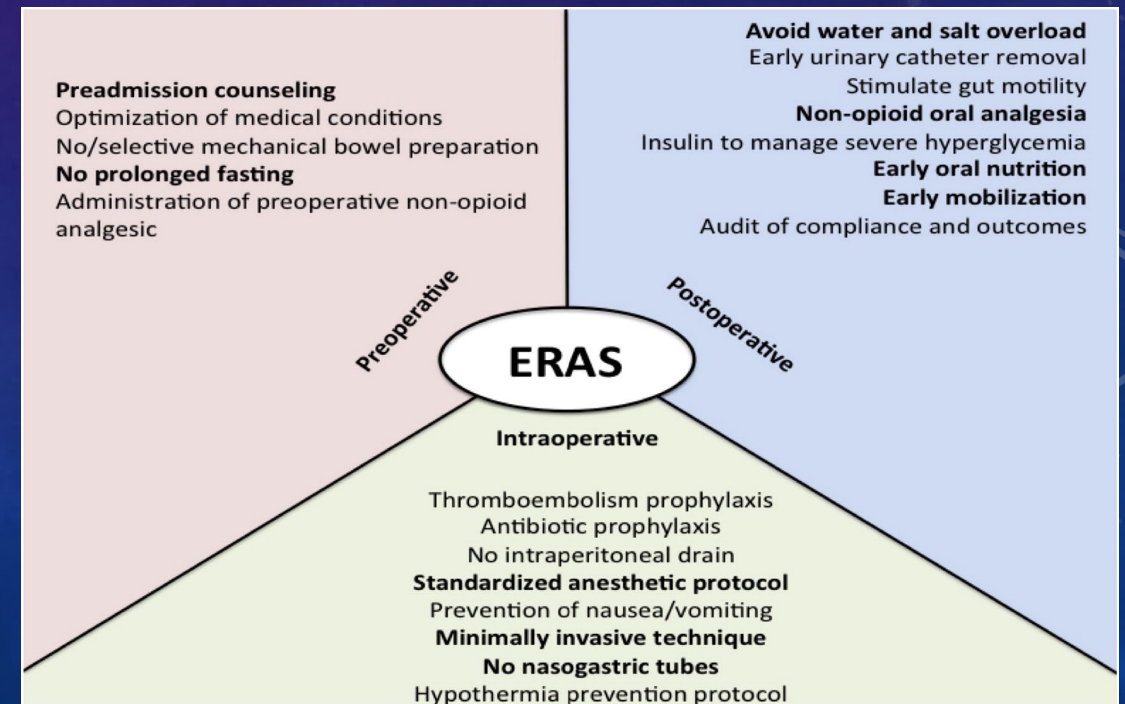


Factors unique to **Pediatric ERAS**

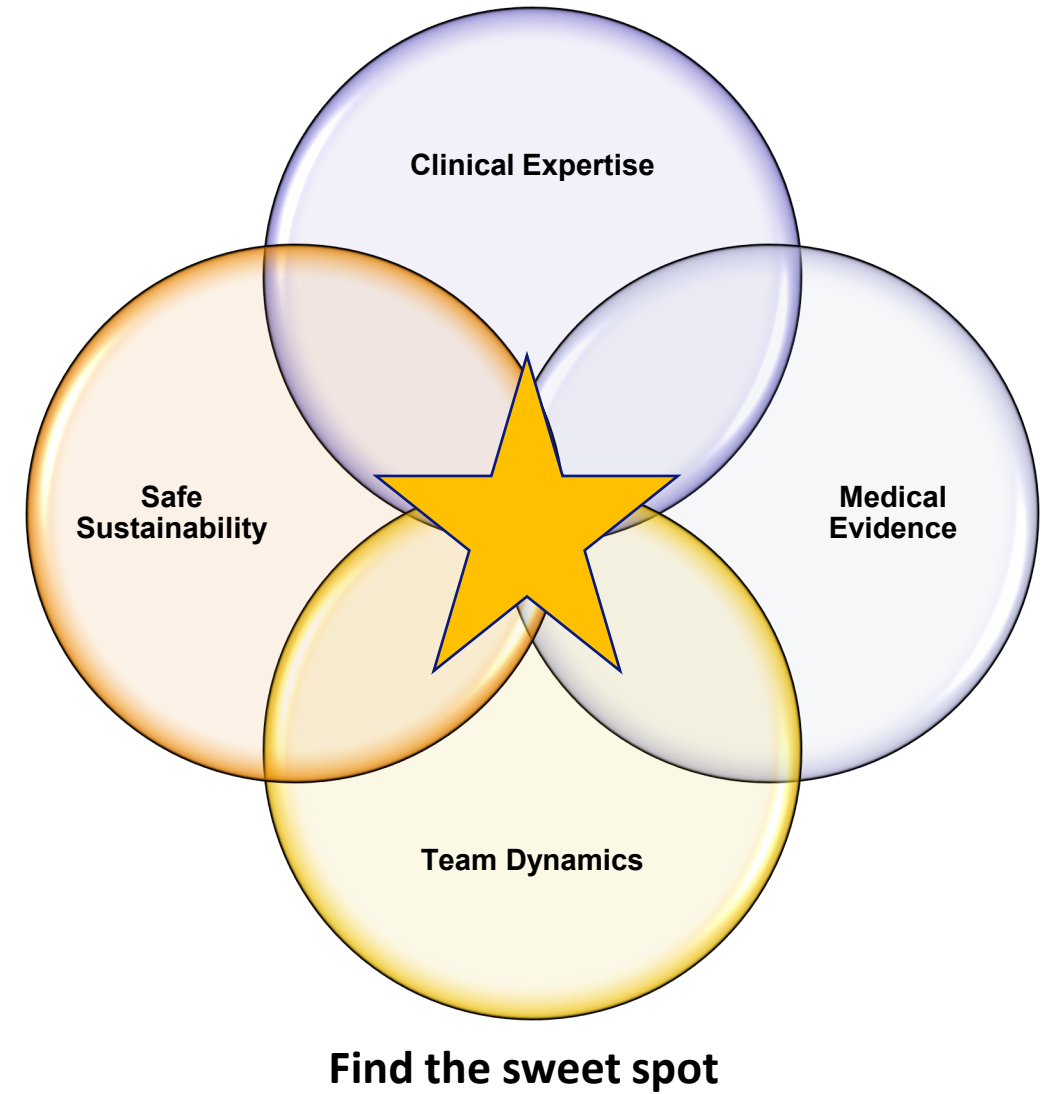
1. Age and size variability
2. Nutritional and fluid requirements vary greatly
3. Eligible patient pool is smaller
4. Comorbidities typically less severe
5. Family dynamics must be taken into consideration

Factors similar to Adult ERAS
... Nearly everything else!

Short HL, Taylor N, Thakore M, Piper K, Baxter K, Heiss KF, Raval MV. A survey of pediatric surgeons' practices with enhanced recovery after children's surgery. J Pediatr Surg. 2018 Mar;53(3):418-430.



A close-up photograph of a young child with dark, wavy hair and large, expressive eyes. The child is wearing a white long-sleeved shirt with a small, colorful pattern. They are looking directly at the camera with a neutral expression, and their right hand is raised to their head, with fingers running through their hair. The background is slightly blurred, showing a wooden floor and a wooden chair.



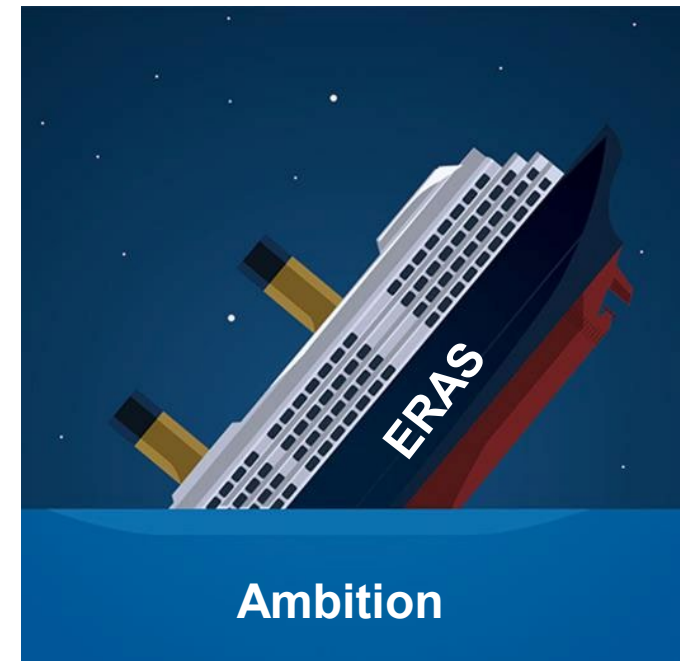
How Do We Build Momentum?



With great power
comes great
responsibility!

- Ben Parker

One size does not fit all!

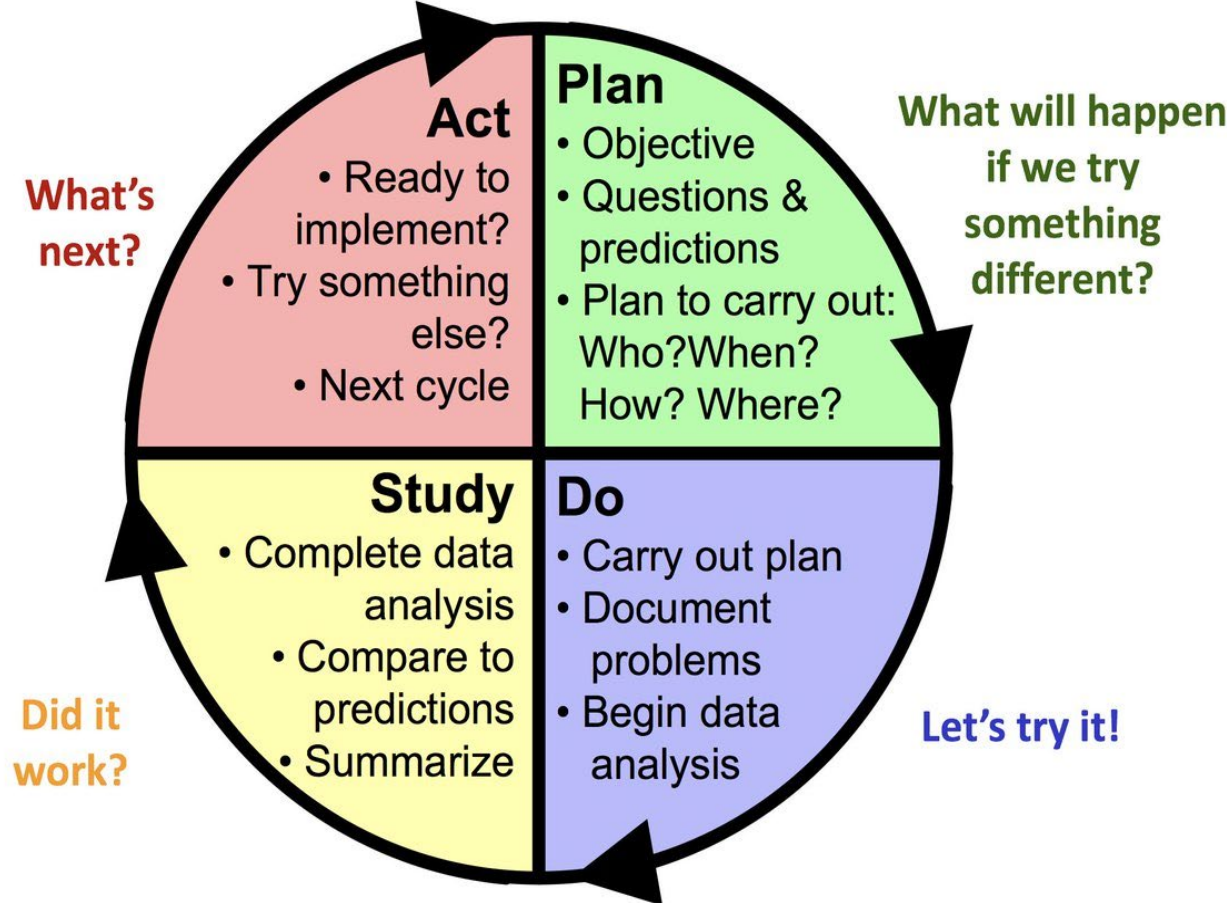


Ambition

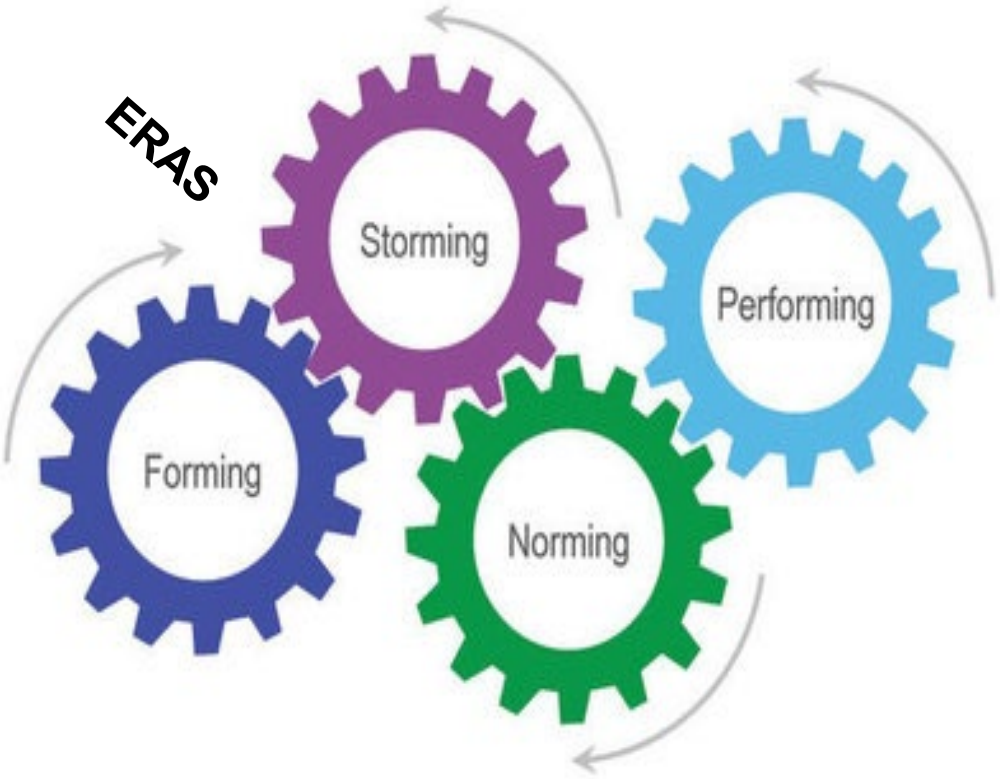
How Do We Sustain?



The PDSA Cycle for Learning and Improvement



Tuckman Team Development Model





The Keys to Success

- Identify the “Why”
- Define the baseline
- Empower champions
- Grab low hanging fruit
- Engage all stakeholders
- Celebrate early victories
- Build upon successes
- Learn from failures
- Measure and improve
- **Walk the ward!**

**Please join
Us!**



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