

CHILDREN'S HOSPITAL COLORADO PRESENTS

## Virtual Education Series: What Pediatric Clinicians Should Do for Children with Obesity Including Avoiding Bias and Stigma: the 2023 AAP Clinical Practice Guidelines

Thursday, April 20, 2023 • 12 to 1 p.m.

Teleconference (Zoom link sent with registration)

### Overview, Target Audience and Learner Outcome

This activity for the interdisciplinary healthcare team will include a review of current literature and clinical pathways followed by Children's Hospital Colorado for the evaluation and treatment of children with obesity. In addition to a presentation from content experts, attendees will participate in case study review and discussion to provide direction on clinical practice. As a result of this activity, learners will be able to report new knowledge related to obesity in order to provide current, evidence-based care to pediatric patients.

### Objectives

- Describe the key action statements of the 2023 AAP Obesity Clinical Practice Guideline
- Discuss approaches clinicians can use to identify bias and avoid stigma

### Faculty from Children's Hospital Colorado / University of Colorado

**Matthew Haemer, MD, MPH (he)**

Associate Professor; Department of Pediatrics/Nutrition  
University of Colorado School of Medicine  
Director-Clinical Obesity & Nutrition Fellowship for Physicians  
Program Development & Community Engagement Lead  
Children's Hospital Colorado

**Lauren Shomaker, Ph.D.**

Licensed Clinical Psychologist  
Children's Hospital Colorado  
Adjunct Faculty, Dept of Pediatrics/Endocrinology  
University of Colorado  
Associate Professor, Colorado State University  
Associate Professor, Colorado School of Public Health

### Continuing Education Credit

Registration, attendance, sign-in and submission of the evaluation, including a written response to questions related to any change in practice that you may make as a result of learning that took place at this program, are required for successful completion and receipt of the certificate of attendance. Claim only those hours you attend.

### Medical

Children's Hospital Colorado is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Children's Hospital Colorado designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Nursing

Children's Hospital Colorado is approved with distinction as a provider of nursing continuing professional development by Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This educational offering for 1 nursing contact hour is provided by Children's Hospital Colorado.

### EMS

Children's Hospital Colorado is an approved provider of EMS continuing education through the Colorado Department of Public Health and Environment, Health Facilities and Emergency Medical Services Division. Children's Hospital Colorado is EMS Training Group #EO49. This education offering is good for 1 CE hour.

**Disclosures** Dr. Haemer, faculty for this session, is a co-investigator on a study with Rhythm Pharmaceuticals. This relevant relationship listed has been mitigated. All other planners and faculty in control of content have no relevant financial relationships with ineligible companies.

### Registration and Contact Information

There is no registration fee for this event. Please register here: [April VES](#)

For further information, contact [nicole.shonka@childrenscolorado.org](mailto:nicole.shonka@childrenscolorado.org)



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