15th Annual Reach the Peak Asthma & Allergy Overview & Update

April 12-13, 2023

Register here

This virtual program is provided by Children's Hospital Colorado Breathing Institute

Registration Fees:

Community Providers \$125.00 Children's Hospital Colorado Team Members: \$100.00



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Overview and Target Audience

The Children's Hospital Colorado Annual Reach the Peak Conference is our annual interdisciplinary educational conference for health team members managing patients with asthma. Facilitated by leading experts in their field, Reach the Peak incorporates problem-based learning methods with a combination of lectures, small group case scenarios, networking, and comprehensive collaboration strategies. The information presented helps provide updates in current asthma management guidelines, practice challenges and discussion on addressing social determinants impacting asthma care.

Target audience includes MDs, advanced practice providers, nurses, respiratory therapists, pharmacists, clinical social workers, certified health educators and other asthma care professionals.

Learner Outcome

As a result of this activity, the participant will report increased knowledge and intent to change practice related to evidence-based asthma guidelines and protocols for pediatric asthma patients.

Learning Objectives

- Describe the pathophysiology and contributing factors of asthma diagnosis.
- Develop an Asthma Action Plan that includes prescribed medications and behavioral and environmental modifications.
- Integrate newly acquired knowledge into clinical practice.
- Conduct a patient and family assessment addressing the medical history, objective measures of asthma severity and educational needs.
- Assess community needs, develop programs to address identified needs and measure outcomes related to program effectiveness.

Continuing Education Credit

Nursing: Children's Hospital Colorado is approved with distinction as a provider of nursing continuing professional development by Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This education activity for 10.75 nursing contact hours is provided by Children's Hospital Colorado.

Respiratory Care: This program has been approved for 9.25 contact hours Continuing Respiratory Care Education (CRCE) credit by the American Association for Respiratory Care, 9425 N. MacArthur Blvd, Suite 100, Irving, TX 75063.

Others: A general certificate of attendance will be given to all other care providers.

Note: A certificate of attendance will be available upon completion of the online evaluation. Claim only credit commensurate of your conference attendance.

Financial Disclosure

Planners, faculty, and others in control of content (either individually or as a group) have no relevant financial relationships with ineligible companies.



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Conference Agenda

Wednesday, April 12, 2023

7:30am	Welcome and Course Overview Bridget Raleigh, MSN, FNP-BC, AE-C
8:00am	Guidelines for the Diagnosis and Management of Asthma Monica Federico, MD
8:45am	Allergic and Environmental Factors Contributing to Acute and Chronic Asthma William C. Anderson III, MD
9:30am	Spirometry for the Asthma Educator Deborah Liptzin, MD
10:15am	Break
10:30am	Pharmacologic Therapy of Asthma Laney Brennan, PharmD
11:15pm	Social Determinants of Health Emily Skeen, MD
12:00pm	Break
12:15pm	Adherence and Motivation Heather De Keyser, MD
1:00pm	Small Group Sessions
1:30pm	Adjourn

Thursday, April 13, 2023

7:45am	Key Messages in Asthma Education and the Asthma Action Plan Kate Michalek, MS, PA-C, AE-C
9:00am	Program Development, Implementation and Outcomes Joyce A. Baker, MBA, RRT-NPS, AE-C, FAARC
10:00am	Break
10:15am	Panel Presentation: Comprehensive Asthma Care, Complicated Cases & Case Reviews
11:30am	Break & Wellness Moment
11:45am	Small Group Sessions
1:15pm	Evaluation
1:30pm	Adiourn



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Faculty & Committee

William C. Anderson III, MD

Assistant Professor, Pediatric Allergy And Immunology Co-Director Multidisciplinary Asthma Clinic (MAC) University of Colorado Associate Program Director Allergy and Immunology Fellowship

Joyce Baker, MBA, RRT-NPS, AE-C, FAARC⁺

Asthma Clinical Program Coordinator Children's Hospital Colorado

Allyson Barsanti, MSN, RN, OCN⁺

Clinical Education Specialist Ambulatory Nursing Children's Hospital Colorado

Laney Brennan, PharmD Clinical Pharmacist Children's Hospital Colorado

Heather De Keyser, MD Associate Professor, Pediatrics-Pulmonary University of Colorado

Monica Federico, MD⁺

Associate Professor, Pediatrics Director, Asthma Program University of Colorado Pediatric Pulmonologist Breathing Institute Children's Hospital Colorado

Melanie Gleason, MS, PA-C, AE-C⁺

Senior Instructor University of Colorado Associate Director School Centered Asthma Programs Breathing Institute Children's Hospital Colorado

Deborah R. Liptzin, MD, MS

Associate Clinical Professor University of Colorado Pediatric Pulmonologist Children's Hospital Colorado

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Bridget Raleigh, MSN, FNP-BC, AE-C⁺

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Emily Skeen, MD

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Matthew Stern, MS⁺

Manager Continuing Medical Education Children's Hospital Colorado

Faculty and Planning Committee

Planning committee member



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