

CHILDREN'S HOSPITAL COLORADO PRESENTS

# Breathing Institute Webinar Series

## Promoting Pediatric PAP Adherence

Thursday, October 10, 2024 • 12 to 1 p.m.

Teleconference (Zoom link sent with registration)

### Overview, Target Audience and Learner Outcome

This series for the interdisciplinary healthcare team will include a review of current literature and clinical pathways followed by Children's Hospital Colorado for the evaluation, treatment and management of pediatric patients with a diagnosis of asthma or sleep disorder breathing, or who have a tracheostomy. In addition to a presentation from content experts, attendees will participate in case study review and discussion to provide direction on clinical practice. As a result of this activity, learners will be able to apply new knowledge related to evidence-based care to pediatric patients with obstructive sleep apnea requiring positive airway pressure therapy and promoting PAP adherence.

### Objectives

- Describe common barriers to PAP therapy for youth with OSA.
- Define desensitization to promote PAP adherence in children.
- Apply strategies and support in home practice for families struggling with PAP adherence.

### Faculty from Children's Hospital Colorado / University of Colorado

Stacey Simon, PhD, DBSM

Sleep Psychologist and Associate Director of Behavioral Sleep Medicine

Children's Hospital Colorado

Associate Professor- University of Colorado Anschutz Medical Campus

### Continuing Education Credit

Registration, attendance, sign-in and submission of the evaluation, including a written response to questions related to any change in practice that you may make as a result of learning that took place at this program, are required for successful completion and receipt of the certificate of attendance.

### Nursing

Children's Hospital Colorado is approved with distinction as a provider of nursing continuing professional development by Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This educational offering for 1 nursing contact hour is provided by Children's Hospital Colorado.

### Disclosures

Planners and faculty in control of content have no relevant financial relationships with ineligible companies.

### Registration and Contact Information

There is no registration fee for this event. Please register here: [Breathing Institute Webinar Series: Promoting Pediatric PAP Adherence | Children's Hospital Colorado Continuing Education \(childrenscolorado.org\)](#)

For further information, contact: [su.linstrom@childrenscolorado.org](mailto:su.linstrom@childrenscolorado.org)



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