

COS Pediatric Grand Rounds

Suicide Risk in Youth: A Practical Guide to Screening and Assessment

Presented By: Lauren Eckhart, PsyD, Director of Patient Care Services- Outpatient, Community Partnerships, and Prevention, Pediatric Mental Health Institute, Children's Hospital Colorado, Colorado Springs

April 21, 2026

12:00pm – 1:00pm MDT

To Pre-register for the Course and Obtain CE Credit:

<https://ce.childrenscolorado.org/rss-cos-pgr-2026>



ZOOM Information:

<https://us06web.zoom.us/j/82532121585>

Meeting ID: 825 3212 1585

DAY OF PRESENTATION INFORMATION:

*THE ATTENDANCE CONFIRMATION WINDOW OPENS 30 MINUTES PRIOR TO THE LECTURE AND WILL REMAIN OPEN FOR 7 DAYS. ATTENDANCE **MUST** BE CONFIRMED IN ORDER TO COMPLETE THE EVALUATION AND CLAIM YOUR CE*

Attendance Confirmation Phone Number (TEXT Message Only): 720.790.4423

Attendance Code: NUMCEH

Attendance Confirmation Website: <https://ce.childrenscolorado.org/code>

OBJECTIVES:

1. Summarize current trends and key risk factors for suicide among youth relevant to clinical practice
2. Apply an evidence-based tool to screen for suicide risk and to perform structured assessments to guide clinical decision making
3. Develop a brief, patient-centered safety plan for youth identified as at risk for suicide

Contact Sarah Cross with Questions:

sarah.cross@childrenscolorado.org OR call (719) 305-6100 option 4



4090 Briargate Parkway, Colorado Springs, CO 80920

719-305-6100 option 4 | childrenscolorado.org

Overview, Target Audience and Learner Outcome:

The team caring for pediatric patients requires ongoing, focused training to successfully manage specialized and/or complex pediatric issues. This educational series will cover a variety of topics specific to the pediatric patient population. Physicians, Advanced Practice Providers, Nurses and Nursing Students, Respiratory Therapists, EMS Providers, Pediatricians, and other interested community pediatric healthcare providers will benefit from this education. After attending the educational event, the learner will report increased confidence and understanding of how to care for pediatric patients and increased knowledge of available resources to manage specialized and/or complex pediatric issues.

Disclosures:

Planners, faculty, and others in control of content (either individually or as a group) have no relevant financial relationships with ineligible companies.

Continuing Education Credit:

Continuing Medical Education: Children's Hospital Colorado is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Children's Hospital Colorado designates this Live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing Continuing Professional Development: Children's Hospital Colorado is approved with distinction as provider of nursing continuing professional development by Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This educational activity for 1.0 nursing contact hour is provided by Children's Hospital Colorado. Registration, attendance and completion of the evaluation are required to obtain NCPD contact hours.

EMS: Children's Hospital Colorado is a Colorado State EMS Training Group: CO-049.

Others: A general certificate of attendance will be provided to all other attendees.

Attendance Confirmation is Required

Dear COS Pediatric Grand Rounds Participants, attendance confirmation, evaluation, and credit for this activity is online. In order to obtain educational credits, please do the following:

1. Pre-register for the respective session on the CHCO Continuing Education portal.
<https://ce.childrenscolorado.org/rss-cos-pgr-2026>
2. Confirm attendance via SMS Process or website with provided code.
3. If you don't have a profile in Continuing Education @ Children's Hospital Colorado, our new learning management system, you will be prompted to create one with your preferred email address to proceed. Please do not create multiple profiles.
4. A confirmation e-mail with instructions to access the evaluation will be provided.
5. After the activity, complete the activity evaluation to obtain CE Credits.
6. Your transcript will be credited, and your personal educational file is accessible 24/7

Pre-register for upcoming COS Pediatric Grand Rounds presentations by following this link:

<https://ce.childrenscolorado.org/rss-cos-pgr-2026>

To View Children's Hospital Colorado's other educational offerings:

<https://ce.childrenscolorado.org/>



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