

COS Pediatric Grand Rounds

Autism & Anxiety in Pediatrics: Clinical Insights for Better Care

Presented By: Kate Deer, PsyD Clinical Psychologist, Children's Hospital Colorado,
Developmental Pediatrics Assistant Professor, University of Colorado, School of Medicine

Ainsley Losh, PhD, Licensed Clinical Psychologist, Assistant Professor

June 2nd, 2026

12:00pm – 1:00pm MDT

To Pre-register for the Course and Obtain CE Credit:

<https://ce.childrenscolorado.org/rss-cos-pgr-2026>



NEW ZOOM Information:

<https://ucdenver.zoom.us/my/cospgr>

Meeting ID: 404 091 6813

DAY OF PRESENTATION INFORMATION:

THE ATTENDANCE CONFIRMATION WINDOW OPENS 30 MINUTES PRIOR TO THE LECTURE AND WILL REMAIN OPEN FOR 7 DAYS. ATTENDANCE MUST BE CONFIRMED IN ORDER TO COMPLETE THE EVALUATION AND CLAIM YOUR CE

Attendance Confirmation Phone Number (TEXT Message Only): 720.790.4423

Attendance Code: LOTCEM

Attendance Confirmation Website: <https://ce.childrenscolorado.org/code>

OBJECTIVES:

1. Recognize features of anxiety in autistic kids & teens
2. Identify at least three strategies to facilitate medical care
3. Review evidence-based anxiety treatment approaches for autistic youth

Contact Sarah Cross with Questions:

sarah.cross@childrenscolorado.org OR call (719) 305-6100 option 4



4090 Briargate Parkway, Colorado Springs, CO 80920

719-305-6100 option 4 | childrenscolorado.org

Overview, Target Audience and Learner Outcome:

This educational series will cover a variety of topics specific to the pediatric patient population. Physicians, Advanced Practice Providers, Nurses and Nursing Students, Respiratory Therapists, EMS Providers, Pediatricians, and other interested community pediatric healthcare providers will benefit from this education. Upon completion of this educational activity, learners will be able to discuss evidence-based approaches to the management of medically complex pediatric patients by identifying and describing appropriate regional support services, referral networks, transport systems, specialty care resources, and family support programs available across Southern Colorado. Learners will improve their ability to provide coordinated, evidence-based care for pediatric patients by using best practices in clinical decision-making and collaborating with multidisciplinary teams to ensure continuity of care across regional systems as demonstrated by successful application of concepts during case-based discussions.

Disclosures:

Planners, faculty, and others in control of content (either individually or as a group) have no relevant financial relationships with ineligible companies.

Continuing Education Credit:

Continuing Medical Education: Children's Hospital Colorado is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Children's Hospital Colorado designates this Live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing Continuing Professional Development: Children's Hospital Colorado is approved with distinction as provider of nursing continuing professional development by Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This educational activity for 1.0 nursing contact hour is provided by Children's Hospital Colorado. Registration, attendance and completion of the evaluation are required to obtain NCPD contact hours.

EMS: Children's Hospital Colorado is a Colorado State EMS Training Group: CO-049.

Others: A general certificate of attendance will be provided to all other attendees.

Attendance Confirmation is Required

Dear COS Pediatric Grand Rounds Participants, attendance confirmation, evaluation, and credit for this activity is online. In order to obtain educational credits, please do the following:

1. Pre-register for the respective session on the CHCO Continuing Education portal.
<https://ce.childrenscolorado.org/rss-cos-pgr-2026>
2. Confirm attendance via SMS Process or website with provided code.
3. If you don't have a profile in Continuing Education @ Children's Hospital Colorado, our new learning management system, you will be prompted to create one with your preferred email address to proceed. Please do not create multiple profiles.
4. A confirmation e-mail with instructions to access the evaluation will be provided.
5. After the activity, complete the activity evaluation to obtain CE Credits.
6. Your transcript will be credited, and your personal educational file is accessible 24/7

Pre-register for upcoming COS Pediatric Grand Rounds presentations by following this link:

<https://ce.childrenscolorado.org/rss-cos-pgr-2026>

To View Children's Hospital Colorado's other educational offerings:

<https://ce.childrenscolorado.org/>



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