



COVID-19 Updates

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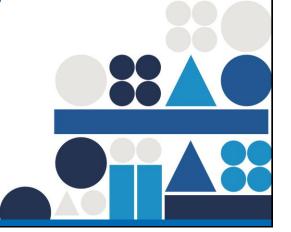
University of Colorado School of Medicine

Associate Medical Director, Infection Prevention & Control

Children's Hospital Colorado







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Disclosures

Former consultant for Sequiris





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Objectives

By the end of this talk you should be able to:

- 1. Discuss the current epidemiology of SARS-CoV-2
- 2. Outline important similarities and differences between SARS-CoV-2 and influenza
- 3. Summarize testing and treatment guidelines
- 4. Understand current COVID-19 vaccination recommendations





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The current state of the pandemic





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"A marathon runner does not stop when the finish line comes into view. She runs harder, with all the energy she has left. So must we. We can see the finish line. We're in a winning position. But **now is the worst time to stop running**"





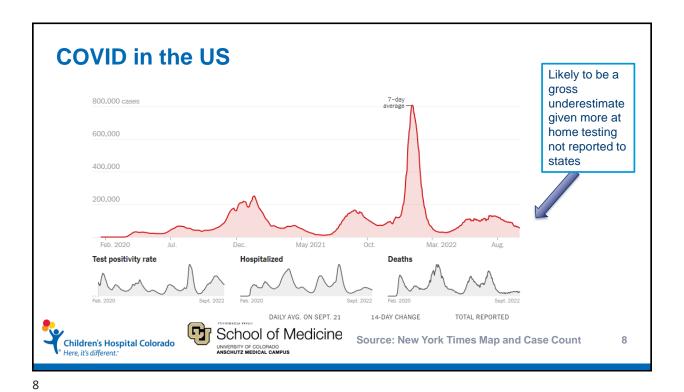
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Epidemiology and Clinical Characteristics of influenza and SARS-CoV-2





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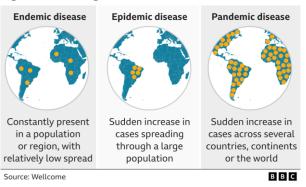


What is the future of the pandemic?

 Early phase of the pandemic, experts considered end once herd immunity was reached

- Persisted due to rapidly evolving variants
- Rather than being eliminated, SARS CoV2 will become endemic
- Difficult to predict when this shift will happen

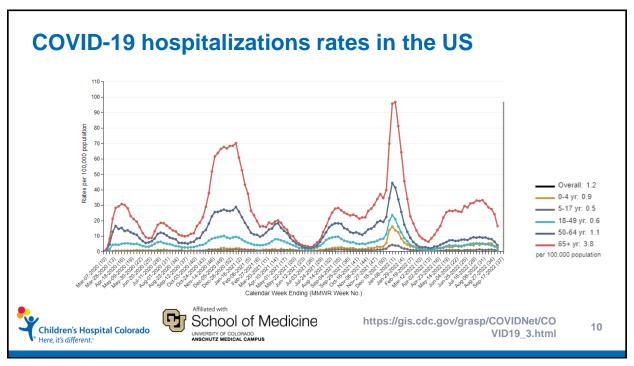
What's the difference between an endemic, epidemic and pandemic disease?

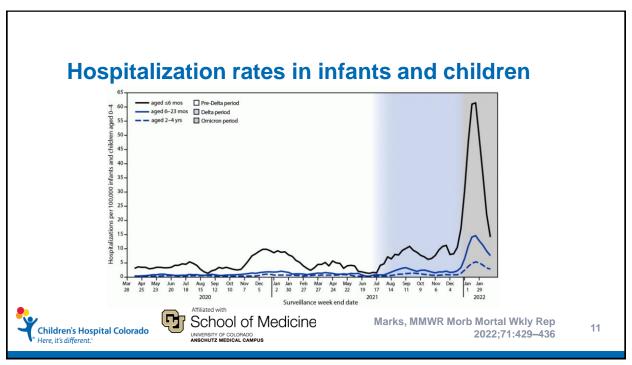


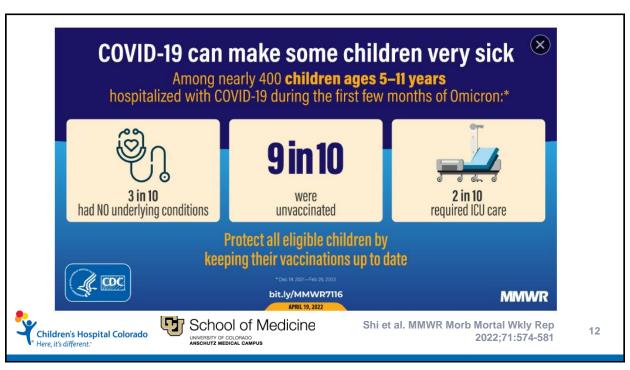


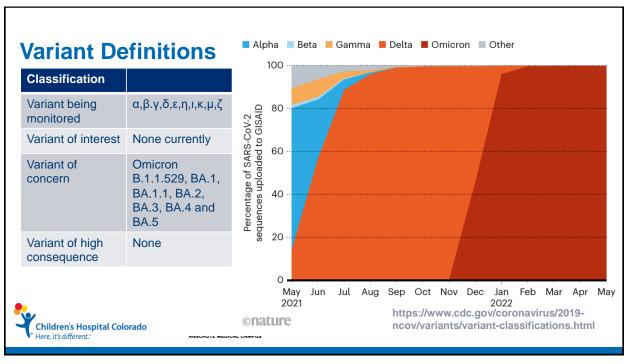


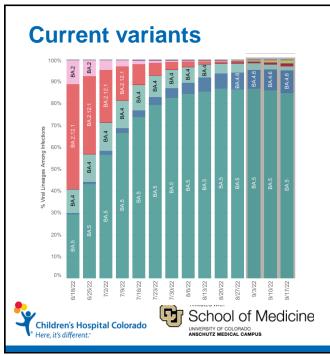
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- In US predominant variant BA.5
- BA.5 growth and transmission advantage over BA.2.12.1 (additional spike mutation) and more severe disease in animal models
- BA.4/BA.5 4X more resistant to 3 vaccine doses, increasing risk of breakthrough infections
- BA.2.75 first detected in India, more transmissible, greater concerns for immune escape (currently ~1.3%)

https://covid.cdc.gov/covid-data-tracker/#variant-proportions;

https://www.biorxiv.org/content/10.1101/2022.05.2 6.493539v1.full.pdf

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Clinical Characteristics





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Age	> 65 years
	Asthma, ILD, PE, bronchiectasis, pulmonary hypertension, bronchiectasis, COPD, CF, TB
	e.g. heart failure, coronary artery disease, or cardiomyopathies
GID	Cirrhosis, non-alcoholic fatty liver disease, alcoholic liver disease, autoimmune hepatitis, chronic kidney disease
	Diabetes type 1 and 2, obesity
	ADHD, CP, Congenital malformations, developmental disabilities, learning disabilities, spinal cord injuries, dementia, cerebrovascular disease
	Primary immunodeficiencies, malignancy, SOT, HSCT HIV, immunosuppressive medications
ů,	Pregnancy and recent pregnancy

Persons at high risk for COVID-19

Race/ethnicity	Black/African American, American Indian/Alaska Native, Hispanic/Latinx
Mental Health Disorders	Mood disorders including depression, schizophrenia spectrum disorders
Behavioral factors	Physical inactivity Smoking, current and former
Medical complexity	Medical complexity with technology dependence





https://www.cdc.gov/flu/highrisk/index.htm https://www.cdc.gov/coronavirus/2019ncov/hcp/clinicalcare/underlyingconditions.html

Risk for COVID-19 infection, hospitalization and death by race and ethnicity

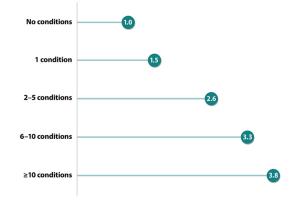
Rate ratios compared to White, Non- Hispanic persons	American Indian or Alaska Native	Asian	Black or African American	Hispanic or Latinx persons
Cases	1.5x	0.8x	1.1x	1.5x
Hospitalization	3.0x	0.8x	2.3x	2.2x
Death	2.1x	0.8x	1.7x	1.8x





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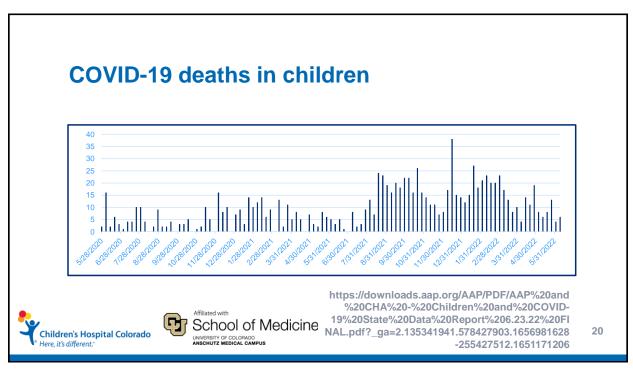
Death risk ratio for COVID-19 increases as number of comorbid conditions increases

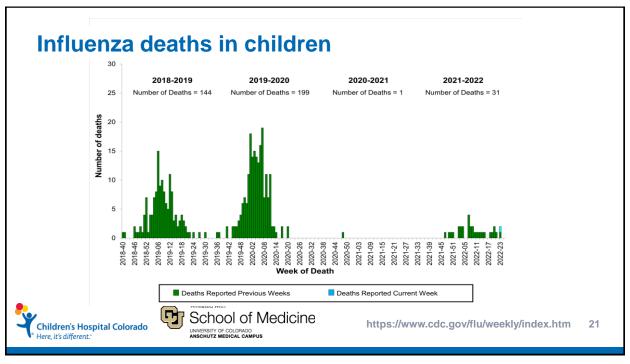




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Kompaniyets L, Pennington AF, Goodman AB, School of Medicine Conditions and Source III. Conditions and Severe Illness Among 540,667 Adults 19 Hospitalized With COVID-19, March 2020-March 2021





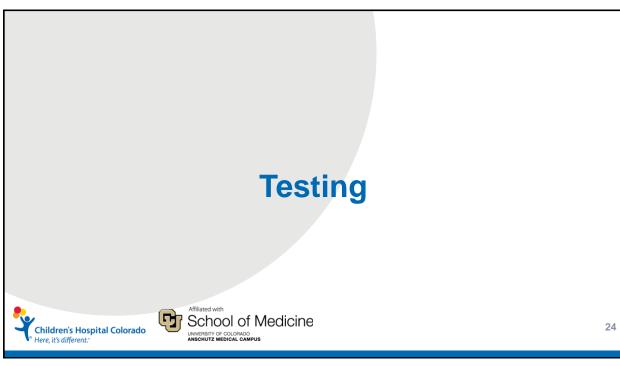
Limited distinctive clinical characteristicsinfluenza vs COVID-19

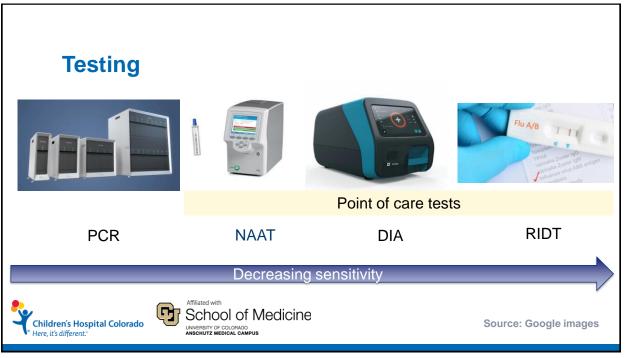
inituenza vs COVID-19				
	COVID-19	Influenza		
Common symptoms	Fever (50%), non-productive cough (38%) most common	Fever, cough, rhinorrhea most common		
Other symptoms	Muscle aches, nasal congestion, headache, loss of appetite, shortness of breath	Muscle aches, nasal congestion, headache, loss of appetite, shortness of breath		
Loss of taste and smell	Loss of smell/Loss of taste highly associated	Loss of smell reported in influenza		
Gastrointestinal symptoms	Abdominal pain, diarrhea, vomiting more common than flu	Nausea, vomiting and diarrhea more common in pre-school aged children		
Children's Hospital Colorado Here, it's different:	SChool of Medicine JAMA Network C	dv Otorhinolaryngol 2006; CDC COVID-19 website; Song et al Open 2020 Sep 1;3(9):e2020495 Ienza" P, in: Kendig and Chernick's Disorders of the t in Children, 9 th Edition; AAP influenza Pedialink website		

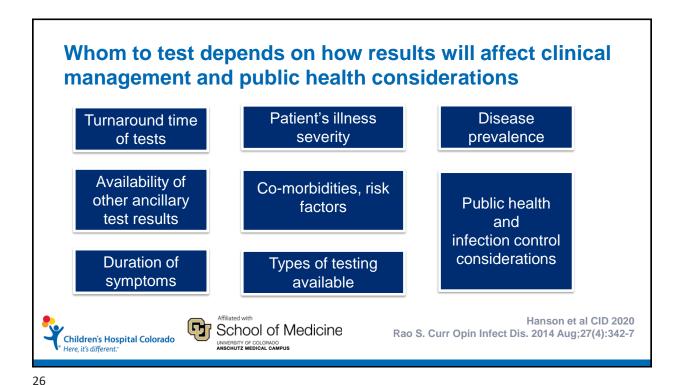
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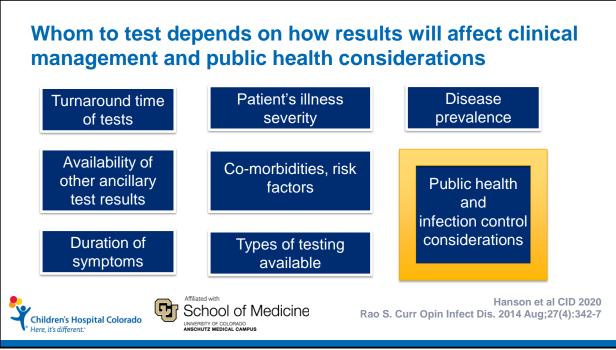
Complications of COVID-19 and influenza in children

Influenza	COVID-19	
Cytokine storm, cardiorespiratory failure, ARDS	Inflammatory response, cardiorespiratory failure, ARDS	
	MIS-C	
Myocarditis (cardiac symptoms in 5-10% of adults, less frequent in children)	Cardiac dysfunction, myocarditis (12.6-17.6 cases per 100,000), arrhythmias	
DIC (1% hospitalized patients)	Thromboembolic events (2.1% of hospitalized children)	
AKI (lower incidence, 25-30% overall)	AKI 12% to 44% of hospitalized children	
Reye's syndrome, febrile seizures, encephalitis, acute necrotizing encephalitis, encephalopathy	Neurologic involvement 30% to 40% of hospitalizations- severe encephalopathy, stroke, demyelinating conditions, cerebral edema, and Guillain-Barré syndrome,	
Secondary bacterial infection	Less commonly seen than in influenza	
Children's Hospital Colorado Children's Hospital Colorado Here, it's different: School of Medicin ANSCHUTZ MEDICAL CAMPUS	e 2	









COVID-19 – Antigen testing

- Cochrane review
- 64 studies Europe and North America, 24,087 nose or throat samples
- 16 antigen tests and five molecular tests
- Antigen test- identified COVID-19 infection in an average of 72% symptomatic and 58% of asymptomatic people
- Most accurate first week after symptoms first developed (78% detection)
- In test negative, antigen tests correctly ruled out infection in 99.5% of people with symptoms and 98.9% of people without symptoms



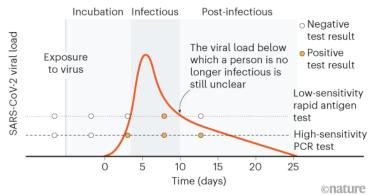


Dinnes J et al. Cochrane Database of Systematic Reviews 2021, Issue 3. Art. No.: CD013705.

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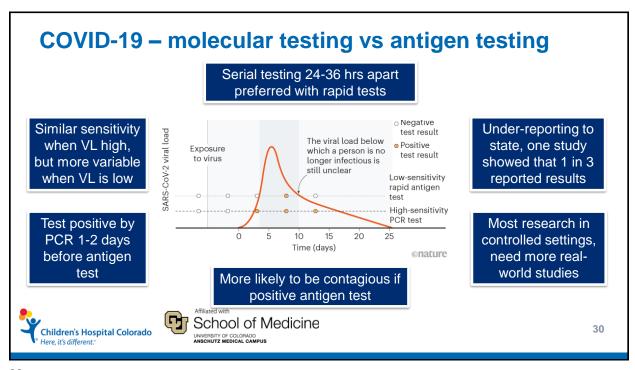
COVID-19 - molecular testing vs antigen testing

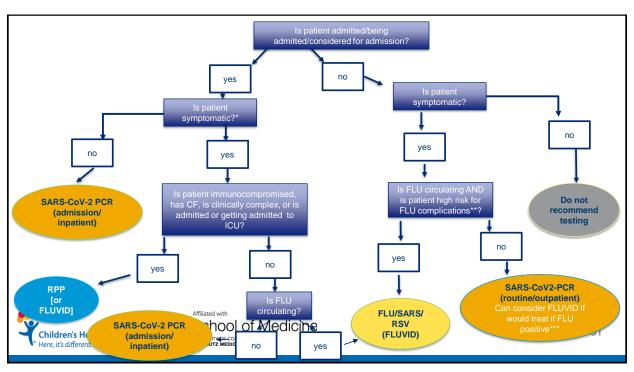






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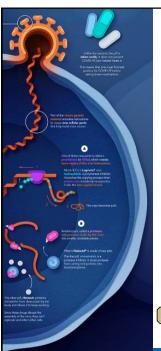
COVID-19 treatment





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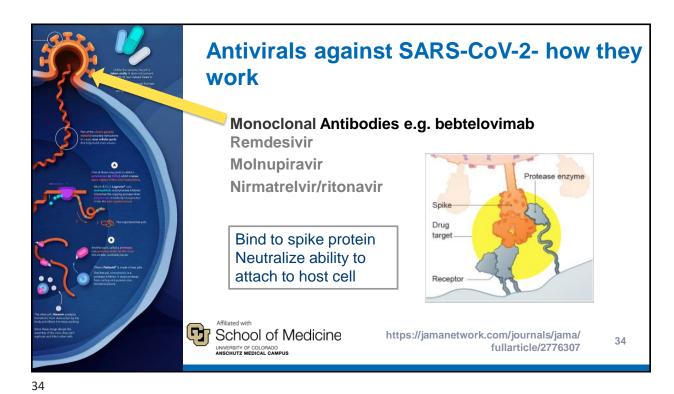
Antivirals and monoclonal antibodies against SARS-CoV-2- how they work

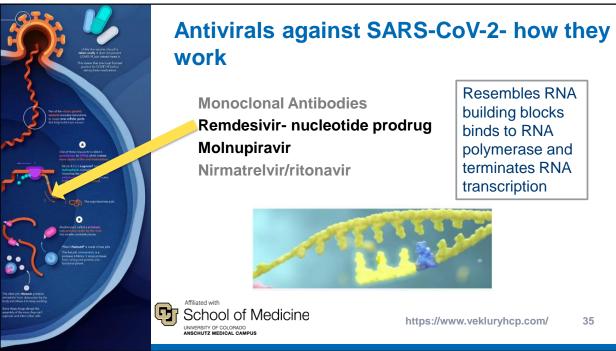
Monoclonal Antibodies e.g. bebtelovimab Remdesivir Molnupiravir Nirmatrelvir/ritonavir

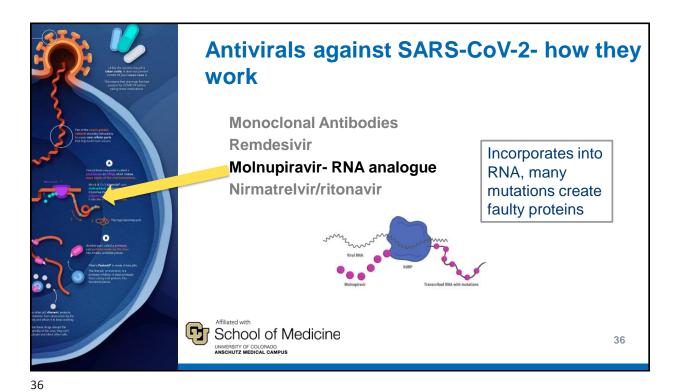


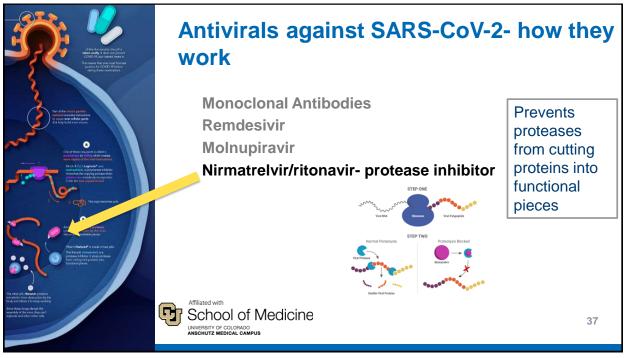
https://www.visualcapitalist.com/visuali zing-how-covid-19-antiviral-pills-andvaccines-work-at-the-cellular-level/

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COVID-19 treatment Not recommended Recommended for certain Recommended all patients				
	Asymptomatic	Mild/Moderate	Severe	Critical
Definition	No symptoms of acute COVID-19	No oxygen or baseline home oxygen	New or increased oxygen requirement	Rapidly worsening and/or new or increasing requirement for non- invasive/invasive ventilation, shock or multi-organ failure
Antiviral Treatment	No treatment	Paxlovid first line for high risk Remdesivir 2nd line Molnupiravir if \geq 18 yrs for high risk	Remdesivir	Remdesivir
Monoclonal antibodies	Not routinely recommended	Bebtelovimab for high risk as second line	Not authorized for IP use by EUA	Not authorized for IP use by EUA
Steroids	No treatment	Not recommended	Dexamethasone	Dexamethasone
Immuno- modulatory therapy	Not recommended	Not recommended	Not recommended	Tociluzimab, Anakinra, etc.

Remdesivir Efficacy

Inpatient Trial- ACTT-1

- Phase 3 trial of 1062 hospitalized adult patients (mild, moderate or severe COVID-19)
- 5 day course of treatment
- Median time to recovery 10 days vs 15 days with placebo, recovery rate ratio: 1.29 (95% CI 1.12-1.49; p < 0.001), even faster recovery if started within 10d symptom onset

Outpatient Trial- PINETREE

- Phase 3 trial of 562 non hospitalized adult patients
- 3-day course of remdesivir
- 87% lower risk of hospitalization or death by day 28 compared with placebo (hazard ratio, 0.13; 95% CI 0.03 to 0.59; p=0.008)





Gottilieb R et al. N Engl J Med 2022; 386:305-315 Beigel JH et al. N Engl J Med 2020;383(19):1813-1826

Remdesivir

Mild-moderate

 3 day course in those with with high risk medical conditions who are unable to take nirmatrelvir + ritonavir

Severe

- Treat in those with significant or rapidly increasing oxygen requirement
- Consider in those with high risk medical conditions

Critical

- Treat all critical patients with high risk medical conditions
- Consider in those without high risk medical conditions





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Remdesivir- inpatient treatment

- Available for pts >3.5 kg
- Most effective if started within 10 days of symptom onset, treatment for 5 days
- Dosing: < 40 kg: 5mg/kg IV once daily X1, then 2.5 mg/kg IV once daily X4 days
- > 40 kg and adults: 200 mg IV once daily X1, then 100 mg IV once daily
- Monitoring: LFT and Cr at baseline, then LFTs daily
- Side effects: transaminitis, nausea, increased PT, hypersensitivity reactions





https://www.covid19treatmentguideline s.nih.gov/therapies/antiviraltherapy/remdesivir/

Remdesivir – outpatient treatment

- Approved for use in infants > 28 days and older and at least 3 kg
- 3-day treatment course
- Ideally start within 7 days
- Outpatient dosing: 200 mg on day one followed by 100 mg on days 2 and 3. Pediatric dosing for those < 12 yrs and ≥ 3kg and < 40kg is 5 mg/kg on day 1 and 2.5 mg/kg on days 2 and 3
- Monitoring: baseline LFTs, sCr
- Need to be monitored ~ 1 hour post infusion
- SE: elevated LFTs, hypersensitivity





https://www.covid19treatmentguideline s.nih.gov/therapies/antiviraltherapy/remdesivir/

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Steroids

RECOVERY trial – Open-Label RCT of Dexamethasone in Hospitalized Patients With COVID-19 in the United Kingdom

- · Hospitalized adults, dexamethasone for 7 days
- All-cause mortality at 28 days: All patients: 23% in DEX arm vs. 26% in SOC arm (age-adjusted rate ratio 0.83; 95% CI, 0.75–0.93; P < 0.001)
- Greatest effect for those receiving mechanical ventilation
- No effect for those hospitalized who did not require oxygen.

CoDEX Trial- Open-Label RCT of Dexamethasone in Patients With Moderate or Severe ARDS and COVID-19 in Brazil

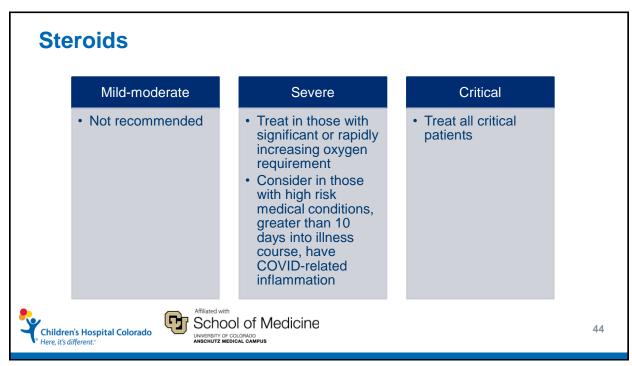
- Received MV within 48 hrs of ARDS, 20mg dexamethasone for 5 days then 10mg IV daily for 5 days or until ICU d/c
- Mean number of days alive and free from MV by Day 28: 7 in DEX arm vs. 4 in SOC arm (P = 0.04)

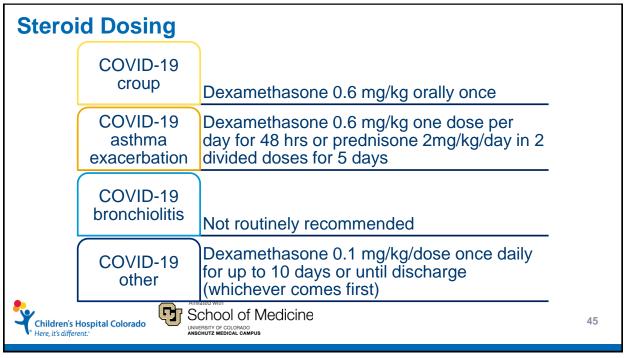
Improved clinical outcomes and \downarrow mortality in hospitalized patients with COVID-19 on supplemental oxygen, not recommended if no supplemental oxygen





https://www.covid19treatmentguideline s.nih.gov/tables/systemiccorticosteroids-data/





Nirmatrelvir/Ritonavir



- High risk, mild to moderate COVID, \geq 12 years of age and weigh \geq 40 kg
- IDSA guidelines suggest < 5 days of symptom onset
- Dosing: 300 mg nirmatrelvir + 100 mg ritonavir bid X 5 days (3 tabs bid)
- Renal adjustment required, not recommended for GFR < 30 mL/min or severe hepatic impairment
- Only available as oral tablets, crushing not recommended
- Drug interactions common may require dose adjustment
- Contraindicated with drugs that are highly dependent on CYP3A for clearance and with drugs that are potent CYP3A inducers

Management of Drug Interactions With Nirmatrelvir/Ritonavir (Paxlovid®): **Resource for Clinicians**



FACT SHEET FOR HEALTHCARE PROVIDERS: EMERGENCY USE AUTHORIZATION FOR PAXLOVID™

https://www.fda.gov/media/155050/download

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IDSA COVID-19 TREATMENT AND MANAGEMENT GUIDELINE PANEL ON BEHALF OF THE INFECTIOUS DISEASES SOCIETY OF AMERICA

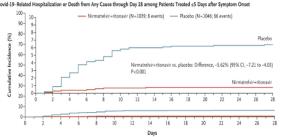
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Nirmatrelvir/Ritonavir Efficacy

- EPIC-HR study -Phase 2/3 randomized, double-blind study of unvaccinated non-hospitalized adults with COVID-19, n = 2246
- 89% RR reduction in hospitalization/death among adults within 3 days of symptom onset, and 88% within 5 days of treatment onset, lower viral load
- No deaths in treatment group
- Adverse events treatment
- (25%) and placebo groups (24%)
- Dysgeusia, diarrhea, and vomiting
- Safety and effectiveness not established in pediatric patients
- **EPIC-PEDS** Pediatric trial underway



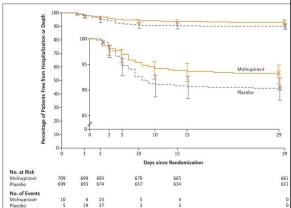




Hammond et al. N Engl J Med 2022; 386:1397-1408

Molnupiravir

- For those 18 yrs of age and older
- Treat within 5 days of symptom onset
- Dosing: 800 mg (4 capsules) po bid for 5 days
- Efficacy: 30% RR reduction in hospitalization/death
- No drug interactions reported, no need for lab monitoring
- Not recommended in pregnancy (fetal toxicity, bone/cartilage toxicity); contraception precautions if sexually active
- Efficacy in MOVe-OUT Trial rate of hospitalization or death 31% lower compared with placebo







Bernal et al. N Engl J Med 2022; 386:509-520

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Bebtelovimab

- High risk, mild to moderate COVID, ≥ 12 years of age and weigh ≥ 40 kg alternative COVID-19 treatment options not accessible
- Consider if unable to take pills, drug-drug interactions
- Ideally within 7 days of symptom onset
- Dosing: 175 mg IV once over at least 30 seconds, need to monitor for 1 hour post infusion
- Most common adverse reactions are infusion-related reactions (0.3%), pruritus (0.3%), and rash (0.8%)
- No drug interactions
- Infusion related reactions observed in clinical trials 24 hrs after injection (unclear if progression of COVID-19 or direct effect of infusion)





https://www.covid19treatmentguideline s.nih.gov/therapies/anti-sars-cov-2antibody-products/summaryrecommendations/

Bebtelovimab efficacy in clinical trials Phase 2 portion of BLAZE-4 trial

(randomized, single dose clinical trial evaluating treatment of mild-moderate COVID-19 prior to omicron)

Primary endpoint- viral load by day 7

34% (95% CI: -15%, 62%) relative reduction in persistently high viral load

Failed to show or to exclude a beneficial effect on hospitalizations (RR: 1.02; 95% CI: 0.15, 7.16;)

Median time to sx resolution 6 days compared with 8 days for placebo

85% RR reduction in hospitalization or death among prior mAbs studied

-0.5 -1.0 -1.5 -2.0 Treatment e tom Bas BEB Change 1 BAM+ETE+BEB -4.0 -5.0 Study Day https://www.medrxiv.org/content/10.110

1/2022.03.10.22272100v1.full https://www.fda.gov/media/156152/dow

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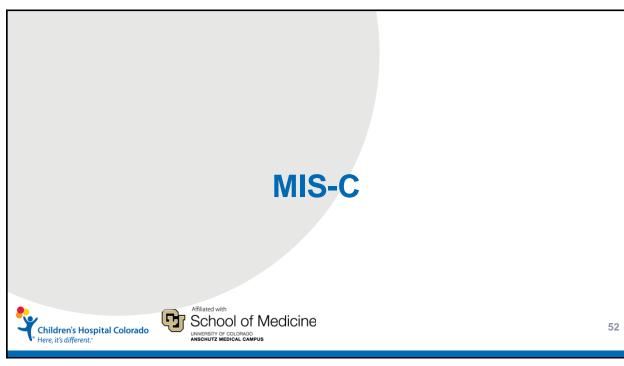
Antithrombotic therapy

- Not recommended in non critically ill patients
- Insufficient evidence to recommend either for or against in critically ill patients with COVID-19
- Not recommended to continue VTE prophylaxis after hospital discharge
- Insufficient evidence to recommend either for or against continuing anticoagulation after hospital discharge unless another indication for VTE prophylaxis exists.





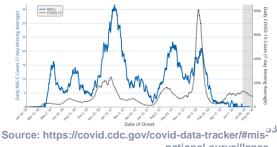
https://www.covid19treatmentguideline s.nih.gov/therapies/antithrombotictherapy/



MIS-C: multi-inflammatory syndrome in children

- <21 yrs, fever, inflammation, involvement of at least 2 organ systems requiring hospitalization (no alternative diagnosis, and evidence of infection/exposure)
- Coronary artery aneurysms occur in over 8% of patients
- Post-infectious syndrome occurring 3-6 weeks after mild or asymptomatic SARS-CoV-2 infection
- Children 6-12 years of age School of Medicine **Children's Hospital Colorado** UNIVERSITY OF COLORADO
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- Estimates 3 in 10,000 children in the US What triggers MIS-C in certain children remains unknown
- Cases of MIS-C decreasing over time (differences in inflammatory response a/w each variant, enhanced host immunity after infection and vaccination)



national-surveillance

MIS-C evaluation

- CBC with differential (absolute lymphocyte count < 1000, platelets < 150,000)
- CRP (CRP >3 mg/dL)
- Complete metabolic profile (Na less than 130, Cr elevated for age or greater than 1.5X baseline, LFTs 2X upper limit of normal for age)
- ESR (greater than 40mm/hr)
- Rainbow draw
- pro-BNP, troponin
- · SARS-CoV-2 serology, PCR
- Urinalysis
- Other labs based on severity and need to rule out other causes
- Echo





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MIS-C management at CHCO

- First line therapy- inFLIXimab followed by IVIG
- · Pre-treat with acetaminophen and diphenhydramine
- Low dose aspirin
- Second line therapy- repeat dose of infliximab
- Corticosteroids (IV methylprednisolone)
- Anakinra
- Influenza vaccine prior to discharge, no live vaccines for 11 months





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Tixagevimab plus cilgavimab

- EUA for tixagevimab with cilgavimab
- ≥ 12 years of age and ≥ 40 kilograms
- Pre-exposure prophylaxis if vaccine unlikely to work or if unable to get vaccinated
 - moderate to severely compromised immune systems and may not mount an adequate immune response to COVID-19 vaccination or
 - history of severe adverse reactions to a COVID-19 vaccine and/or component(s)
- 300 mg of tixagevimab and 300 mg of cilgavimab two separate consecutive intramuscular (IM) injections every 6 months
- Higher dosing to overcome potential resistance to Omicron





https://www.fda.gov/media/154701/download

Timeline of vaccination in children December 2020 BNT162b2 (Pfizer-BioNTech) ≥ 16 years BNT162b2 (Pfizer-BioNTech) 12-15 years May 2021 October 2021 BNT162b2 (Pfizer-BioNTech) 5-11 years BNT162b2 (Pfizer-BioNTech) booster 16-17 years December 2021 January 2022 BNT162b2 (Pfizer-BioNTech) booster 12-15 years May 2022 BNT162b2 (Pfizer-BioNTech) booster 5-11 years June 2022 Moderna 6 months-17 years July 2022 Novavax 12 years of age and older Bivalent booster vaccines 12 years and older September 2022 edicine 58 Children's Hospital Colorado

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How well do vaccines work in children?

Pfizer's Covid-19
vaccine had 100%
efficacy for 12-15
year olds, 88%
efficacy in children 611 years of age, and
80.3% efficacy in
children under 5 years
old (3 doses)

Moderna vaccine
efficacy for children
between 6 months and
2 years of age was
43.7%, and 37.5% for
2-6 year olds (note 2
doses and during
omicron wave)

Study in Singapore, VE was 65.3% against all PCR confirmed infection and 82.7% against hospitalizations

Study in US, VE was 68% against hospitalizations and 79% against critical illness during omicron

Children's Hospital Colorado
Here, it's different."



N Engl J Med 2022; 386:1899-1909;

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Vaccine information

Find Out When You Can Get Your Booster



Boosters are an important part of protecting yourself from getting seriously ill or dying from COVID-19. They are recommended for most people.

Use this tool to determine when or if you (or your child) can get one or more COVID-19 boosters.

Find Out When to Get a Booster >

This tool is intended to help you make decisions about getting COVID-19 vaccinations. It should not be used to diagnose or treat COVID-19.





https://www.cdc.gov/coronavirus/2019ncov/vaccines/stay-up-todate.html?s_cid=11747:cdc%20up%20to%20da te%20vaccine:sem.ga:p:RG:GM:gen:PTN:FY22

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Take home points













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https://www.childrenscolora do.org/healthprofessionals/clinicalresources/clinicalpathways/

- Acute COVID-19
- MIS-C

lere, it's different.

Cardiac Evaluation for post COVID-19 return to play





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CHCO COVID-19 Resources

CHCO Resource Center

Scientific Advisory Council guidance documents

COVID Testing Information

Please see CHCO COVID-19 Resource Center website for the most up to date testing and PPE guidance

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Resources

Children's Hospital Colorado COVID-19 Clinical Pathways: https://www.childrenscolorado.org/healthprofessionals/coronavirus-professional-resources/clinical-guidance-practice-resources/covid19clinical-pathways/

CHCO Acute COVID-19 Pathway

Updated as of 6/28/2022

Inclusion Criteria

All patients who are positive for SARS CoV-2 or suspected to have acute COVID disease

Symptoms of Acute COVID-19

- Sympton Gostader with a data. Covin-19 and a sea in onthe Continuous and the Patients can be a COVID-19 for weeks after infection, so a patient can be COVID-19 positive but have a different diagnosis causing symptoms.

The clinical features of COVID-19 can overlap with other conditions (e.g. ventilator associated pneumonia, sepsis), and frequent re-evaluation for alternative diagnoses is essential in these patients, even if SARS-COV-2 positive

· Symptoms consistent with acute COVID-19 can be seen in other conditions

NIH Treatment guidelines: https://www.covid19treatmentguidelines.nih.gov/

IDSA Treatment Guidelines: https://www.idsociety.org/practice-guideline/covid-19-guideline-treatmentand-management/

Pharmacy locator for ritonavir-boosted nirmatrelvir: https://covid-19-therapeutics-locatordhhs.hub.arcgis.com/

IDSA drug interactions: https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-andmanagement/management-of-drug-interactions-with-nirmatrelvirritonavir-paxlovid/

Quarantine and Isolation recommendations: https://www.cdc.gov/coronavirus/2019-ncov/yourhealth/quarantine-isolation.html





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Extra slides





Vaccine recommendations

6 months to 4 years of age 1st dose (monovalent)

2nd dose 3-8 weeks after first dose (mono or biv) 3rd dose at least 8 weeks after second dose

(mono or biv Pfizer only)

Up to date - 2 weeks after third dose for Pfizer, 2

weeks after second dose for Moderna

5 to 11 years of age 1st dose (monovalent)

2nd dose 3-8 weeks after first dose (mono or biv)

3rd dose at least 5 months after second dose

(mono or biv Pfizer only)

Up to date – immediately after third dose for School of Medizene weeks after second dose for Moderna

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Vaccine recommendations

12-17 years of age 1st dose (monovalent)

2nd dose 3-8 weeks after first dose (mono or biv) 3rd dose at least 8 weeks after second dose or last booster, and can only be Pfizer-BioNTech biv Booster doses- can be different from primary

series

Up to date- after most recent booster

recommendation





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How to make a strong vaccine recommendation

- Normalize the process We routinely provide flu vaccines to our patients in our clinic/hospital
- Use presumptive language We can take care of your child's flu vaccine during this visit/hospital stay.
- Be respectful of their concerns- Do you mind if I ask why you are not wanting your child to receive the flu vaccine today?
- Tailor the discussion to address concerns Thanks for letting me know about your concerns. I've been thinking a lot about this and we get a lot of education about influenza vaccines- would it be alright if I shared some of this information with you?
- Find common ground I know you are a wonderful parent, and you want to do what's best for your child. We also want to do everything possible to keep your child as healthy as possible, and vaccination is one of those ways.





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