



15th Annual Reach the Peak Asthma & Allergy Overview & Update

April 12-13, 2023

[Register here](#)

This virtual program is provided by
Children's Hospital Colorado Breathing Institute

Registration Fees:

Community Providers \$125.00

Children's Hospital Colorado Team Members: \$100.00



Children's Hospital Colorado



Affiliated with
University of Colorado
Anschutz Medical Campus

Overview and Target Audience

The Children's Hospital Colorado Annual Reach the Peak Conference is our annual interdisciplinary educational conference for health team members managing patients with asthma. Facilitated by leading experts in their field, Reach the Peak incorporates problem-based learning methods with a combination of lectures, small group case scenarios, networking, and comprehensive collaboration strategies. The information presented helps provide updates in current asthma management guidelines, practice challenges and discussion on addressing social determinants impacting asthma care.

Target audience includes MDs, advanced practice providers, nurses, respiratory therapists, pharmacists, clinical social workers, certified health educators and other asthma care professionals.

Learner Outcome

As a result of this activity, the participant will report increased knowledge and intent to change practice related to evidence-based asthma guidelines and protocols for pediatric asthma patients.

Learning Objectives

- Describe the pathophysiology and contributing factors of asthma diagnosis.
- Develop an Asthma Action Plan that includes prescribed medications and behavioral and environmental modifications.
- Integrate newly acquired knowledge into clinical practice.
- Conduct a patient and family assessment addressing the medical history, objective measures of asthma severity and educational needs.
- Assess community needs, develop programs to address identified needs and measure outcomes related to program effectiveness.

Continuing Education Credit

Nursing: Children's Hospital Colorado is approved with distinction as a provider of nursing continuing professional development by Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This education activity for 10.75 nursing contact hours is provided by Children's Hospital Colorado.

Respiratory Care: This program has been approved for 9.25 contact hours Continuing Respiratory Care Education (CRCE) credit by the American Association for Respiratory Care, 9425 N. MacArthur Blvd, Suite 100, Irving, TX 75063.

Others: A general certificate of attendance will be given to all other care providers.

Note: A certificate of attendance will be available upon completion of the online evaluation. Claim only credit commensurate of your conference attendance.

Financial Disclosure

Planners, faculty, and others in control of content (either individually or as a group) have no relevant financial relationships with ineligible companies.



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Conference Agenda

Wednesday, April 12, 2023

- 7:30am **Welcome and Course Overview**
Bridget Raleigh, MSN, FNP-BC, AE-C
- 8:00am **Asthma Guidelines Update and Implementation**
Monica Federico, MD
- 8:45am **Allergic and Environmental Factors Contributing to Acute and Chronic Asthma**
William C. Anderson III, MD
- 9:30am **Spirometry for the Asthma Educator**
Deborah Liptzin, MD
- 10:15am Break
- 10:30am **Pharmacologic Therapy for Asthma**
Laney Brennan, PharmD
- 11:15pm **Social Determinants of Health**
Emily Skeen, MD
- 12:00pm Break
- 12:15pm **Adherence and Motivation**
Meghan Camacho and Heather De Keyser, MD
- 1:00pm Small Group Sessions
- 1:30pm Adjourn

Thursday, April 13, 2023

- 7:45am **Key Messages for Asthma Education and the Asthma Action Plan**
Kate Michalek, MS, PA-C, AE-C
- 9:00am **Program Development, Implementation and Outcomes**
Joyce A. Baker, MBA, RRT-NPS, AE-C, FAARC
- 10:00am Break
- 10:15am **Panel Presentation: Comprehensive Asthma Care, Complicated Cases & Case Reviews**
Faculty TBD
- 11:30am Break & Wellness Moment
- 11:45am Small Group Sessions
- 1:15pm Evaluation
- 1:30pm Adjourn



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Faculty & Committee

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